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NEWS WORTH SHARING.

For the person who has everything ...

What could be more rare and unexpected than nabbing a jar of Kevin Spacey's breath? PAGE 6

Visit the top selfie spots in Paris

The Mandarin Oriental Paris hotel wants you to self-snap your way around the City of Light PAGE 21

THERE'S MORE TO THIS CABBIE THAN MEETS THE EYE

ACTOR VINAY VIRMANI'S NEW FILM, DR. CABBIE, EXPLORES THE PLIGHT FACING MANY A WELL-EDUCATED CANADIAN IMMIGRANT PAGE 16

Tentative deal a 'game-changer'

Labour. Teachers urged to accept six-year contract and end strike

British Columbia's long-warring government and teachers' union have made unprecedented educational labour peace with a six-year collective agreement wrought through months of embittered strike action and a final six-day sprint to settlement.

The historic deal, if ratified by teachers in a vote on Thursday, will reopen schools next week for half a million students, restore the flow of income to more than 40,000 teachers and renew stability for families provincewide.

A breakthrough in negotiations came with the aid of respected mediator Vince Ready just before 4 a.m. Tuesday. The result is a tentative contract that provides teachers a wage increase, more funding for classroom composition, a plan to remedy outstanding grievances and proceeds without a clause detested by the union.

Premier Christy Clark beamed and patted Education Minister Peter Fassbender on the back as she thanked students and parents for their patience, and lauded union president Jim Iker for showing "real courage."

"I think it's a real game-changer for education in the long-term," Clark told reporters in Vancouver, adding it's an opportunity to reset a 30-year dysfunctional relationship with the union.

"We will now be able to sit down with some of the most important people in the system — and that's teachers — and work together, rather than constantly arguing and fighting."

The premier said the deal doesn't require any tax hikes, though the province will continue to appeal a court case a judge has already decided in favour of the union's right to bargain class size and composition.

Premier Christy Clark and Education Minister Peter Fassbender address the tentative agreement with the B.C. Teachers' Federation in Vancouver on Tuesday. JONATHAN HAYWARD/THE CANADIAN PRESS

Iker, who acted as chief negotiator during the lengthy and heated dispute, addressed the B.C. Teachers' Federation later in the day and urged union members to vote "yes."

Along with improvements in salary and extended health and dental benefits, the deal will fund hundreds of new teaching positions annually, strikes out the contentious E80 clause around class size and composition, and includes a process to address future court decisions, Iker said.

He expressed hope the deal will lay a new path toward mending the union's tumultuous rapport with the province.

Administrators anticipate that Monday would be the earliest schools could open, but boards will make their own decisions, likely resulting in a staggered start to the fall term.

Vancouver School Board chairwoman Patti Bacchus said if the contract is approved, the board will launch classes as quickly as possible. Principals have already been making preparations, she said.

"It's going to be bumpy for sure and people are going to have to be a little bit patient, but I know there's a great desire to get back," she said.

THE CANADIAN PRESS

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FIVE THINGS YOU NEED TO KNOW TODAY

1
CHIP CHAT
Lululemon founder and former chair Chip Wilson was announced yesterday as one of the speakers at TEDxVancouver, held in October at the Queen Elizabeth Theatre.

2
GET ROARING
Organizers of this year's Grey Cup are announcing details this morning of November's festival, including concert headliners.

3
DUMPCANO DOWN
After four months of smouldering, Iqaluit's "dumpcano" has finally been extinguished. Crews spent 17 days removing buckets of the garbage pile and dunking them in a pond.

4
CHI-TOWN LOOK UP
Daredevil Nik Wallenda said his next tightrope walk will be more than 50 storeys high from one highrise building to another over the Chicago River, without a net or harness.

5
MUGA-TWO?
Will Ferrell's role as fashion-label boss Mugatu helped cement his status as a Hollywood draw, and it looks like he may reprise the Zoolander character in a sequel.

False 911 calls a big problem for province's dispatchers

Don't hang up.
Pocket-dialing wastes taxpayers' money, says E-Comm spokesperson

THANDI FLETCHER
thandi.fletcher@metronews.ca

Emergency dispatchers in B.C. continue to be plagued by accidental 911 calls that have cost taxpayers an estimated $500,000 in wasted resources over the past five years.

Jody Robertson, spokesperson for E-Comm, the regional emergency communication centre for southwest B.C., said dispatchers handle about 200 accidental calls every day — about 10 per cent of total daily calls — which can take up to 10 hours a day for staff to handle.

That has cost taxpayers an estimated $500,000 conservatively over the past five years for E-Comm's service, which is funded by property taxes, said Robertson.

"Accidental calls from cellphones are the single largest unnecessary drain on 911 resources," she said. "They do have the potential to get in the way of real emergencies."

The problem is made worse by the prevalence of cellphones, said Robertson.

In August, the Canadian Association of Chiefs of Police passed a motion calling on cellphone manufacturers to stop producing phones with one-button dials, and to develop better safeguards to prevent accidental 911 calls.

About 65 per cent of the 900,000 calls E-Comm received in 2013 came from cell phones, compared to about 35 per cent of calls a decade ago.

When dispatchers receive an abandoned 911 call, Robertson said they are required to investigate to ensure no one is in distress.

The process can be complicated, she said, as cellphones don't provide exact location information. Dispatchers often have to work with cell phone service providers to find out where the caller lives, she said.

"You can see how quickly it can drain resources through the whole emergency response system," she said.

Between 10 to 30 per cent of the 911 calls received by emergency dispatch in B.C. are accidental. In Metro Vancouver, emergency responders spend at least 10 hours a day investigating abandoned 911 calls. JENNIFER GAUTHIER/METRO

Robertson urged people to lock and store their cellphones carefully to avoid unintentionally calling 911, and to not program the emergency number.

She encouraged those who do dial 911 accidentally to stay on the line.

"If you hang up, then it further exacerbates the problem," she said. "You don't have to be embarrassed."

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Man of Steal. Coquitlam RCMP looking for alleged thief dressed as Superman

It's not a bird, it's not a plane and it sure as heck isn't the real Superman.

Coquitlam RCMP are looking for their very own Man of Steal, a mere mortal clad in a black Superman T-shirt who is alleged to have stolen a promotional iPad on Sept. 9 from a Tim Hortons outlet in the 3000 block of Lougheed Highway.

The suspect is described as a "scruffy looking" male in his 20s or 30s of average height and weight.

At the time of the incident, between 7:30 and 8 p.m., he was wearing a black bandana, black pants, light-coloured sneakers and, of course, a black T-shirt with the iconic "S" Superman logo on the front.

Anyone with information in relation to the suspect's identity is asked to call RCMP at 604-945-1550 or Crimestoppers at 1-800-222-TIPS.

MATT KIELTYKA/METRO

UBC

Dalai Lama to give spiritual lessons to Vancouverites

The path to inner happiness is about to get easier for Vancouverites.

The Dalai Lama announced Tuesday that he will be coming to Vancouver on Oct. 23 to give a teaching on compassion at UBC.

The spiritual leader will focus on compassion as a path to inner happiness and the transformation of ordinary experience into transcendental wisdom.

The all-day event will also include a Himalayan marketplace and a concert. The event is being co-organized by the Tibetan Cultural Society of B.C. and the Tsengdok Monastery Association. Tickets are available through Ticketmaster. MATT KIELTYKA/METRO

Serial murderer gets life

Police commended. 'These are not the actions of a simple killer but something infinitely worse,' B.C. judge says

Cody Legebokoff is shown in a B.C. RCMP handout photo. Legebokoff, the northern B.C. man who killed four women, has been given a life sentence without the chance of parole for 25 years. B.C. RCMP/THE CANADIAN PRESS

A B.C. judge who formally sentenced a serial killer to life in prison commended a rookie police officer for his stellar instincts, which stopped the predator from continuing to destroy more lives.

A jury found Cody Legebokoff guilty last week of the first-degree murders in the deaths of Jill Stuchenko and Cynthia Maas, both 35, Natasha Montgomery, 23, and 15-year-old Loren Leslie.

"He lacks any shred of empathy or remorse," B.C. Supreme Court Justice Glen Parrett said of Legebokoff. "He should never be allowed to walk among us again."

On Tuesday, Parrett sentenced Legebokoff to four concurrent terms of life without eligibility for parole until November 2035, calculated from the date he was arrested in 2010, although he can apply for a reduction after 15 years.

A life sentence is automatic under the Criminal Code for first-degree murder. However, Parrett also determined Legebokoff's name should be added to the national sex-offender registry after finding three of the murders were committed during a sexual assault, a basis for reaching a verdict of first-degree murder.

Parrett told a packed courtroom that the conditions of the bodies that were found, though Montgomery has remained missing, show Legebokoff's intention "appeared to be aimed not simply at killing the victims, but degrading and destroying."

Legebokoff had an eight-inch height advantage over the tallest of the victims and a 100-pound weight advantage over the heaviest, Parrett said.

"These are not the actions of a simple killer but something infinitely worse," Parrett said. "This is a man who by his actions has demonstrated the absolute need to be separated from society," he said.

Parrett pointed to several examples from Legebokoff's own testimony in concluding he demonstrated "a complete void" within him.

Legebokoff showed no emotion as sheriffs led him away in cuffs as an onlooker from the gallery called on him to reveal where he had taken Montgomery's body.

Parrett commended investigators for the "good solid police work" they used to bring Legebokoff to justice but also noted that an inexperienced officer's hunch played a key role in sparking the investigation.

THE CANADIAN PRESS

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TransLink's mystery shoppers don't report on system delays

Undercover.
Inspections cover cleanliness, helpfulness of station attendants

EMILY JACKSON
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They might look like a normal passenger, yet the person next you on the SkyTrain might be stealthily judging TransLink for cleanliness and efficiency or preparing to quiz station attendants.

But these mystery shoppers — TransLink is looking to hire more to conduct dozens of random inspections each month as it prepares to launch the Compass Card in 2015 — aren't allowed to report major system delays.

If a train is delayed more than 20 minutes, the mystery shop is terminated, according to TransLink's rules. Mystery shoppers also aren't permitted during special events.

Quoted

"If you're throwing in the rare occasion of a major system delay, it's not an ideal time to be interviewing SkyTrain attendants."
Cheryl Ziola, TransLink spokesperson

But the rule isn't in place to wipe out delays from the results; rather, it's so staff aren't bombarded with questions from mystery shoppers during times of emergency, TransLink spokeswoman Cheryl Ziola said Tuesday.

"If you're throwing in the rare occasion of a major system delay, it's not an ideal time to be interviewing SkyTrain attendants," she said.

Delays are tracked separately and are often due to medical emergencies, she said. This summer's delays that prompted people to escape the cars and walk on elevated tracks were "unprecedented," she added.

TransLink has used mystery shoppers since 2008 as a tool to gain customer feedback on everything from broken machines to whether attendants are smoking cigarettes on the job.

"It's typical of any large business or organization that has 1.2-million customer interactions per day," Ziola said.

TransLink uses mystery shopper data to improve the customer experience, staff training and to congratulate employees on what they're doing well.

The next round of mystery shoppers will be hired for a three-year term to monitor the Expo and Millennium lines, the West Coast Express and the Evergreen line when it opens in late 2016. The last round of shoppers cost about $100,000.

A SkyTrain at Commercial-Broadway station in Vancouver. JENNIFER GAUTHIER/METRO FILE

Potential end of strike good news for fearful charities

The annual Cops for Cancer fundraiser rides past Seaquam Secondary in Delta. COURTESY COPS FOR CANCER

Charity event organizers breathed a little easier following news that the government and B.C. Teachers' Federation reached a tentative deal Tuesday.

Barbara Kaminsky, CEO of the Canadian Cancer Society B.C. & Yukon Division, warned earlier this week that the ongoing school strike could make the society lose out on about $350,000 in funds raised, as 15 per cent of Cops for Cancer proceeds come from school-related initiatives.

Schools will still be closed Wednesday, when the Tour de Coast leg of Cops for Cancer begins, but Kaminsky said the society may now be able to salvage some events later into the charity ride should teachers ratify the new deal and get back to class next week.

"It could turn out better than we feared," said Kaminsky. "There's now a good likelihood (the fundraising losses) will reduce, but how much I don't know. We've missed so much of that prep time it will be difficult."

Of the four Cops for Cancer tours throughout the province, the Tour de North (Sept. 12 to Sept. 18) is already underway.

The Tour de Coast runs from Wednesday to Sept. 25, the Tour de Rock runs Sept. 20 to Oct. 3 and the Tour de Valley runs Sept. 25 to Oct. 3.

Kaminsky hopes that communities hosting the rides still come out in full support of the riders even if several school events are cancelled.

For more information about the events, visit copsforcancerbc.ca.

MATT KIELTYKA/METRO

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Kevin Spacey's breath up for sale

Online ad. Jar allegedly containing actor's breath available in Vancouver through Craigslist

THANDI FLETCHER
thandi.fletcher@metronews.ca

Diehard House of Cards fans curious to find out if Frank Underwood's breath really smells like barbecued ribs may finally have their chance.

A jar allegedly containing the breath of actor Kevin Spacey, who stars in the popular Netflix political drama, is up for sale on Craigslist in Vancouver.

In the ad, posted Monday, the seller claims to have worked with Spacey on the set of American beauty, where they asked him to blow into the Mason jar as a gift for their mother.

"She was a huge Kevin Spacey fan before she passed away, I think because he resembled her first husband that loved woodwork," the seller wrote. "I don't know if Kevin Spacey knows anything about dovetail joints or how to work an auger, but apparently he likes breathing into jars."

The seller is asking possible buyers to make their best offer for the jar, which they promise is legitimate.

"This is real, it's his actual breath in there," the seller wrote.

A jar allegedly containing Kevin Spacey's breath is up for grabs on Craigslist in Vancouver. CRAIGSLIST

But for House of Cards fans wondering about Underwood's breath, the timing is off.

American Beauty was filmed in 1999 — more than a decade before Spacey, who won an Academy Award for Best Actor in that film, took on the role of barbecued rib-loving Underwood.

Apparently, Spacey was eating chicken back then, according to the seller.

"If I recall correctly, we had some sort of chicken pasta for lunch before I asked him to blow in the jar," the seller wrote. "The jar hasn't been opened since."

Nanaimo

Couple wins lotto a second time

A Nanaimo couple that won the lottery 18 years ago has done it again.

In 1996, Charlene and Orest Gulka matched all six numbers to win a $2.7 million Lotto 6/49 jackpot.

Last month, the couple bought a Lotto 6/49 ticket, winning the $1-million guaranteed jackpot.

When the couple heard the winning ticket had sold in Nanaimo, they immediately checked their numbers online.

Charlene said they were stunned to realize they had won the jackpot again.

THANDI FLETCHER/METRO

Election promise. Surrey First vows to deal with concerns over trains

Surrey First mayoral candidate Linda Hepner has vowed to do everything in her power to move trains away from Crescent Beach if elected in November.

The councillor, running as outgoing Mayor Dianne Watts' successor, made the election promise Tuesday.

Hepner says there are currently as many as 20 trains a day that pass through Surrey via the Burlington Northern Santa Fe railway.

That number is expected to increase by 320 trains a year, with expansion of coal exports from Fraser Surrey Docks.

The trains create public safety concerns at Crescent Beach and cut off the community, according Hepner.

"If elected mayor, I will act immediately to engage BNSF in discussions to have their rail line moved away from the coastline," she said in a statement. "If we cannot come to a mutual agreement, I and the Surrey First team will work with White Rock to use the powers of the Railway relocation and Crossing Act to move a solution forward."

Surrey First is the current ruling party in the city.

MATT KIELTYKA/METRO

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Magnotta trial

Jury selection underway

The first day of jury selection in the murder trial of Luka Rocco Magnotta has seen five people chosen to hear the case.

Magnotta has pleaded not guilty to five charges, including first-degree murder, in connection with the May 2012 slaying and dismemberment of Jun Lin, 33, a Chinese engineering student.

Two women were selected as jurors this morning, while two men and one woman were picked this afternoon.

The process will continue until they have found 14 bilingual candidates and two alternates.

Ultimately, 14 jurors will hear the case and a dozen will decide the verdict.

THE CANADIAN PRESS

Taxman

CRA sets up self-snitch line

The taxman wants to know if any of his own are up to no good.

That's why the Canada Revenue Agency is in the process of setting up a self-snitch line.

The so-called internal fraud and misuse reporting lines would give agency staff a way to confidentially report any concerns about their colleagues.

Three Canada Revenue Agency employees were among seven people caught up in a sweep by the Mounties earlier this year.

Charges laid include bribery of public officers, conspiracy, fraud, breach of trust by a public officer and fraud against the government.

THE CANADIAN PRESS

Donor found for woman battling leukemia again

Mai Duong addresses a news conference in Montreal, Tuesday. The Quebec woman's desperate online plea for a compatible stem-cell donor in her bid to fight cancer a second time is shedding light on the lack of minorities on official lists in Canada and abroad.

GRAHAM HUGHES/THE CANADIAN PRESS

Saskatoon woman, 65, deported to Pakistan

Appeal to Federal Court rejected.
Jamila Bibi flown out of Toronto Tuesday afternoon: Lawyer

A 65-year-old woman working as a cook in Saskatoon has been deported to her native Pakistan, where her lawyer says her life could be in danger.

Lawyer Bashir Khan says Jamila Bibi was flown out of Toronto on Tuesday afternoon.

He says his client has been barred from re-entering Canada on any visa in the future.

Khan says Bibi fled to Canada in 2007 after being falsely accused of adultery by her husband.

He says traditional Islamic law calls for stoning to death for married people who commit adultery, and adds she could be a target for honour killing.

Bibi's claim for refugee status was rejected and a last-minute appeal to the Federal Court of Canada this week was rejected.

"The applicant has not presented evidence before this court that could support a finding that she will face risks if she is removed to Pakistan that have not been already assessed on two occasions (by immigration officials)," Justice Marie-Josee Bedard wrote.

"Therefore, and considering that the applicant's allegation of irreparable harm is based on risks, she has not met her evidentiary burden."

In her letter to the UN, Bibi wrote she has worked hard to establish herself in Saskatoon but her application for a work permit was not processed.

"I know my life would be in danger if I am sent back and I would rather to have peaceful death here than be killed for something that I did not do," she wrote.

THE CANADIAN PRESS

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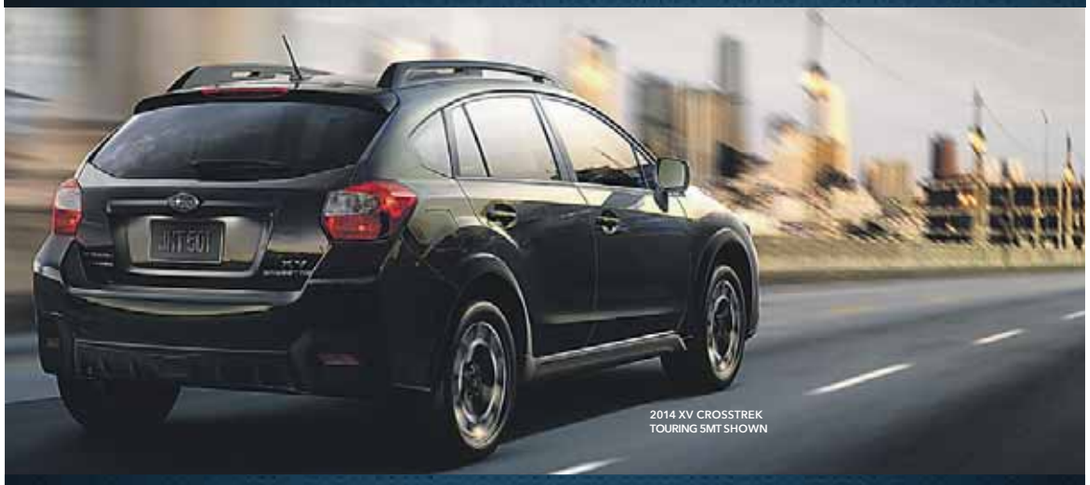

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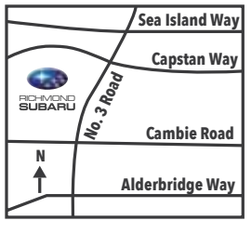

*Pricing applies to a 2014 XV Crosstrek Touring 5MT (EX1 TP) with MSRP of $26,570 including freight & PDI ($1,650), documentation fees ($495), and battery tax ($30). License, insurance, taxes, and registration extra. Vehicle shown solely for purposes of illustration, and may not be equipped exactly as shown. †$1,000 cash incentive is for cash customers only and is available on all new 2014 XV Crosstrek models. Cannot be combined with Subaru Canada supported lease/finance rates or lease payment offers. **0.5% finance rates available on all new 2014 XV Crosstrek models for a 24-month term. Financing and leasing programs available through Toyota Credit Canada Inc. DL#: 31150.

Lawyer: PM may be called as witness at Duffy trial

Not a 'personal or political vendetta.' Donald Bayne insists suspended senator's upcoming trial won't turn into a sideshow

Mike Duffy's lawyer says he isn't going to rule out calling anyone — including Prime Minister Stephen Harper — as a witness in the suspended senator's upcoming trial.

"We're considering any potential witness," Donald Bayne said Tuesday after a brief court appearance.

"At this point, it's too early to rule anything out. But please understand, this isn't being run as a personal or political vendetta."

In July, the RCMP charged the former Conservative senator with 31 counts related to his Senate expense claims.

The charges include fraud, breach of trust and bribery.

Bayne says he hopes to skip a preliminary hearing and set a trial date for the senator at another court meeting next week. He and Crown attorney Jason Newbauer will talk this week about how soon Duffy's trial can begin.

The case won't turn into a political sideshow, Bayne insisted.

"This isn't a political case. This is a criminal case. It's going to be conducted professionally," he said. "The very strong judiciary in the Ontario Court of Justice will not allow this case to be turned into a political circus and we certainly don't intend to conduct the matter that way." THE CANADIAN PRESS

Donald Bayne, legal counsel for suspended Sen. Mike Duffy, speaks with media following a court appearance Tuesday in Ottawa. ADRIAN WYLD/THE CANADIAN PRESS

'A concern.' Expanding waistlines in the U.S. a dangerous trend: Study

The number of American men and women with big-bellied, apple-shaped figures — the most dangerous kind of obesity — has climbed at a startling rate over the past decade, according to a government study.

People whose fat has settled mostly around their waistlines instead of in their hips, thighs, buttocks or all over are known to run a higher risk of heart disease, diabetes and other obesity-related ailments.

Fifty-four per cent of U.S. adults have abdominal obesity, up from 46 per cent in 1999-2000, researchers reported in Wednesday's Journal of the American Medical Association.

During the 12-year period studied, the average waist size in the U.S. expanded to 38 inches for women, a gain of two inches. It grew to 40 inches for men, a one-inch increase.

"The increase is a concern. There's no question about that," said Dr. William Dietz, an obesity expert formerly with the Centers for Disease Control and Prevention, now at George Washington University.

The expansion in waistlines came even as the overall level of obesity — as defined not by waist size but by body mass index, of BMI, a weight-to-height ratio — held steady.

"What it suggests is that even though the obesity rate may be stable, fat distribution may be changing, which would mean that we shouldn't be complacent about the plateau," said Dietz, who was not involved in the study.

THE ASSOCIATED PRESS

By the numbers

Abdominal obesity is defined as a waistline of more than 35 inches in women and more than 40 inches in men.

Alberta. New premier announces government will sell its airplane fleet

The Alberta government's controversial fleet of airplanes will soon be gone with the wind, Premier Jim Prentice announced Tuesday.

Prentice said the first decision of his new cabinet was to sell the four-plane fleet that had become a public relations millstone around the neck of the Progressive Conservative government.

"Effective immediately, the premier and ministers will be expected to fly commercial as the primary method of transportation," Prentice told a legislature news conference.

Alberta's fleet of planes will soon be gone, Premier Jim Prentice said on Tuesday. THE CANADIAN PRESS

He said the government is now looking to tender a contract to a charter air service.

THE CANADIAN PRESS

A Tim Hortons sign
THE CANADIAN PRESS

How BK wooed Hortons

Tim Hortons executives spent nearly six months negotiating the $11-billion US takeover deal with Burger King, a process that saw the American company increase its offer for the coffee chain three times.

Documents filed with regulators on Tuesday illustrated lengthy talks that began last March with a suggestion to billionaire investor Warren Buffet, and soon brought Tim Hortons CEO Marc Caira into the mix.

Within a few weeks, Burger King had submitted its first official offer for the Canadian company at $73 per share.

Over the coming months burger company's majority owner, 3G Capital, along with Burger King and Buffett's Berkshire Hathaway Inc., agreed to increase their offer, encouraged that plans by Tim Hortons to become more competitive in the quick service food market would push its stock higher and grow its quarterly results.

Burger King's offer first rose to $78 a share in May and by June had jumped to $82.50.

But Caira wasn't satisfied, the documents say, and in August he and chief financial officer Cynthia Devine told Burger King executives they would need to make a higher offer and clear commitments to Tim Hortons stakeholders, its employees and to Canada.

THE CANADIAN PRESS

As Atlantic City casinos fold 'em, more workers axed

A sign seen early Tuesday announces the closing of Trump Plaza Hotel & Casino in Atlantic City, N.J. Trump Plaza is the fourth Atlantic City casino to go out of business so far this year. About 8,000 Atlantic City casino workers have lost their jobs in 2014, and another 3,000 could join them if Trump Plaza's parent company makes good on its threat to shutter the Trump Taj Mahal Casino resort in November. MEL EVANS/THE ASSOCIATED PRESS

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Who will pay for 'a raging epidemic'?

Prescription painkillers. Cash-strapped U.S. cities fighting prescription opioid abuse want drug companies to pony up

Some of America's largest cities are ratcheting up their criticism of prescription painkillers, blaming the industry for a wave of addiction and overdoses that have ravaged their communities and busted local budgets.

The heightened rhetoric comes as Chicago tries to recover millions in healthcare costs from opioid drugmakers.

The city is alleging that companies deliberately misled the public about the risks of their drugs.

It's a legal strategy that could be attractive to other cash-strapped cities, but one that experts say will face major hurdles in court.

On Tuesday, health commissioners from Chicago, New York and Boston came to Washington to lobby Congress and the White House on efforts to combat prescription opioid abuse, which is blamed for 17,000 deaths per year in the U.S. — more than three times as many as those due to either heroin or cocaine.

"This is a raging epidemic, and we are feeling the brunt of it in big cities across the country," Dr. Bechara Choucair, Chicago's health commissioner, said in an interview with the Associated Press.

Chicago's lawsuit, filed in July, alleges that five pharmaceutical companies deceptively marketed their drugs to treat long-term, non-cancer pain, even though that use was "unsupported by science."

The allegations place the city at the centre of a national debate over the appropriate use of opioids, which are frequently prescribed to treat common conditions like arthritis and back pain.

Drugmakers have seized on the lack of specific instances of fraud in the city's complaint and have asked a U.S. district judge to dismiss the suit. THE ASSOCIATED PRESS

California

Self-driving cars, with drivers, to hit public roads

For the first time, California's Department of Motor Vehicles knows how many self-driving cars are travelling public roads.

The agency is issuing permits Tuesday that let three companies test 29 vehicles on highways and in neighbourhoods — with a human "safety driver" behind the wheel, in case the onboard computers make a bad decision.
THE ASSOCIATED PRESS

Market Minute

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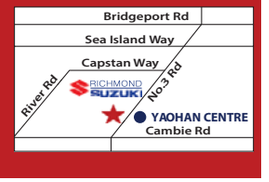

YOU'VE GOT KNEEDS, AMIRITE?

JUST SAYIN'

Paul Sullivan
metronews.ca

So WestJet is now going to charge $25 to lose, er, transport your bag to your destination.

If you're surprised, welcome to modern travel, where the airline industry does everything it can to take the miracle out of flight.

You already have to pay for a blanket and a pillow, so the real surprise is that it took so long for the airline to charge for basic baggage.

It's all part of the exercise in extreme endurance that flying economy has become. Unless you're prepared to pay a premium, you end up in cattle class: Sandwiched in a tight row four across, and the object is to somehow survive by fighting off the other guy's elbow or the oblivious recliner in the seat in front of you.

The seat recliner thing is perhaps the most humiliating and frustrating part of flying. Back at the dawn of discount fares, airlines began cutting back on leg room and stuffing more seats into the cabin. Nevertheless, most of them still allow seats to recline, which is fine for the person doing the reclining, but the passenger being reclined upon ends up having less room than a roasting chicken in a factory farm.

Seat wars have become, according to CNN, No. 1 and No. 2 on the list of the Top 20 causes of air rage. No. 2: reclining the seat; No. 1: kicking the back of the reclined seat in a fit of fury. A poll in the London Daily Telegraph showed that 70 per cent of the 18,000 respondents were in favour of banning reclining seats.

Some frequent flyers have become so desperate, they've forked over $21.95 to purchase something called the Knee Defender, a pair of clips that attach to the chair-back table and block the seat in front of you from leaning into your face. Of course, they are illegal on most airlines, including WestJet and Air Canada.

The Knee Defender is also banned on United Airlines, but that didn't prevent some guy from deploying his earlier this month on a United flight from Newark to Denver. He got a glass of water thrown in his face for his trouble, and the plane had to make the dreaded "unscheduled landing."

The inventor of the Knee Defender, a tall guy from Washington, says the publicity has turbocharged the sales of the device, but he still can't afford to fly first-class.

Why do airlines continue to allow seats to recline when it's so obviously the last straw for many fed-up flyers? Is it simply the sole remaining creature comfort that hasn't been eliminated — but give them time — or is it something more diabolical? Because, the airlines are quick to point out, there is a solution — on the other side of the first- or business-class curtain:

- One-way Vancouver to Toronto, economy— $550;
- One-way Vancouver to Toronto, leg room — $1,736.

I suppose you could always try the Knee Defender.

'Till drones do us part

A video still from Drone Wedding. The exhibit runs at the Ryerson Image Centre in Toronto until Dec. 19. PUBLIC STUDIO: DRONE WEDDING COURTESY RYERSON IMAGE CENTRE

Drone Wedding challenges public to think critically about surveillance, strikes

The artists of Public Studio are no strangers to examining difficult world issues in their art.

Elle Flanders' and Tamira Sawatzky's projects include the ongoing documentation of disappearing Palestinian villages (What Isn't There) and juxtaposing footage of protests from around the world, including the G20 protests in Canada (Kino Pravda 3G).

Their latest project again connects the global with the local.

The two researched drone killings carried out at weddings in places such as Pakistan and Yemen, then chose to explore what it's like to live under surveillance by staging a wedding in Toronto, filmed entirely by CCTV cameras and drones.

"We decided to kind of turn the lens on ourselves here and look at what it feels like to be targeted," said Sawatzky.

The result is Drone Wedding, a video installation where a universally joyous occasion is transformed into a place of paranoia, provoking the viewer to think about our own government's complicity in drone strikes and the growing presence of surveillance in our society. EMINA GAMULIN/METRO

Life under the constant hum

"We know the effect that it has ... in terms of people's hearing, people's psychological state after being constantly flown over and surveilled and targeted and terrorized."

Artists Elle Flanders and Tamira Sawatzky

MetroTube

Simply the best

ANDREW FIFIELD
andrew.fifield@metronews.ca

Say Gordon Ramsay had a show about polishing faltering viral videos to a shine. Call it Viral Hell, Cerberus Cinema or something like that. He'd spend the episode angrily criticizing some poor sap's cute dog clip, before hooking up that sap with new gear and tips to create something like this very short clip of Amelia affirming her status as the best dog. "Stunning," Gordon would say. "Fresh. Simple." (Eric A/YouTube)

Letters

Re: The Height of Discrimination by Jessica Napier, published Sept. 15, 2014: (Malcolm Gladwell is quoted in the column saying) "being short is probably as much, or more, of a handicap to corporate success as being a woman or an African-American." This is blatantly incorrect and anyone with a search engine and five minutes can disprove this. African-American descent constitutes around 12-13 per cent of the U.S. population, whereas the Fortune 500 list only contains six people of African-American descent, which makes 1.2 per cent of African-American descent on the list. I bring this up as (the column makes it sound like) being a person of colour or even a woman — there are 24 women CEOs of Fortune 500 companies, accounting for 4.8 per cent of all Fortune 500 CEOs — seem not as much of a social equality injustice as it truly is. **Carleton Gruger**

metro AR

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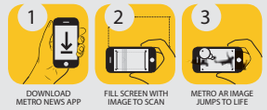

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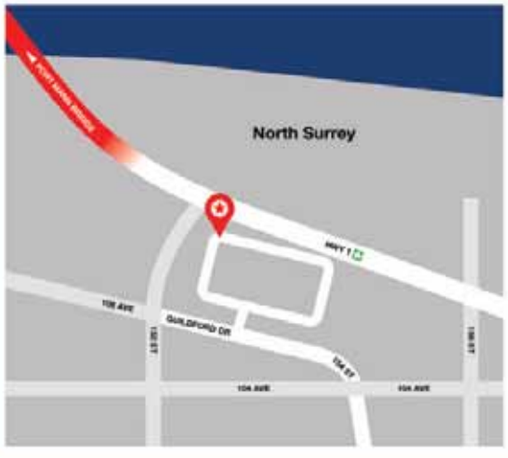

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METRO DAY AT H&M

Enter the maze, if you dare

No way out. The Maze Runner is just the latest film to employ such a sinister puzzle as plot point

IN FOCUS
Richard Crouse
scene@metronews.ca

Moviemakers have been using mazes to amaze audiences for years.

Giant labyrinthine puzzles are almost as old as mankind: Prehistoric mazes were built as traps for malevolent spirits, while in medieval times the labyrinth represented a path to God. But recently, the idea of people struggling through a complicated network of paths has made for some striking visuals in movies.

This weekend, The Maze Runner sets much of its action inside a gigantic maze where frightening mechanical monsters called Grievers wander, tormenting Thomas (Dylan O'Brien) as he navigates the maze to pick up clues that help him piece together memories of his past.

The sci-fi story is just the latest to feature a maze as a major plot point, but just as Labyrinth's Sarah (Jennifer Connelly) is warned, "nothing is as it seems" in these movie puzzles.

Remember Harry Potter and the Goblet of Fire? Like Thomas in The Maze Runner, the boy wizard has to make it through a maze (in this instance to find the Triwizard Cup), but instead of fighting magical creatures, this hedge maze is magical; shape shifting to make the journey extra difficult.

The 1972 horror film Tales from the Crypt contained an even more sinister maze.

Made up of five stories, the film culminated with the tale of a labyrinth told with razor-sharp wit. Set in a home for the blind, the patients get even with the institute's cruel director by placing him in the centre of a maze of narrow corridors lined with razor blades. It's a cutting edge story, that, according to besthorrormovies.com "rivals the 'death traps' of Saw and 'tortures' of Hostel while only showing a single small cut of the flesh."

In The Shining, the axe-wielding father Jack Torrance (Jack Nicholson) chases his son Danny (Danny Lloyd) through the Overlook Hotel's hedge maze. The quick-thinking boy escapes by retracing his steps, confusing his maniacal dad.

The documentary Room 237 offers up a number of interpretations of what the maze and Danny's escape represents.

One theory suggests it reflects Greek hero Theseus' slaying of the Minotaur and escape from the labyrinth, while another speculates it's a metaphor for conquering repression. Whatever the subtext, it remains one of director Stanley Kubrick's most tense scenes.

And finally, Francis Ford Coppola's version of Dracula sees Lucy (Sadie Frost) sleepwalking through a garden maze, chased by Dracula (Gary Oldman) in wolfman form while Pan's Labyrinth features a maze as a place of safety for Ofelia (Ivana Baquero) to evade her attacker.

metro AR Scan this photo with your Metro News app to see what Dylan O'Brien, who plays Thomas, learned while filming The Maze Runner. CONTRIBUTED

Ofelia navigates the maze in Pan's Labyrinth. CONTRIBUTED

1997's campy slasher hit I Know What You Did Last Summer is getting a millennial makeover. AFP

In case you forgot. Remake to I Know What You Did Last Summer in the works

Sony is developing an update to the horror movie I Know What You Did Last Summer, originally headlined by Jennifer Love Hewitt, Sarah Michelle Gellar, Ryan Phillipe and Freddie Prinze Jr., Deadline reveals.

Released in 1997, I Know What You Did Last Summer joined Scream as part of a new wave of slasher movies, a horror sub-genre in which a serial killer, often masked, eliminates an entire group of individuals one by one. The feature was successful enough to merit a sequel in 1998, in which Jennifer Love Hewitt and Freddie Prinze Jr. reprised their roles.

Scripted by Kevin Williamson, who also penned the screenplay for Scream, the movie was inspired by Lois Duncan's suspense novel of the same name. The story follows four teenagers who, after accidentally running over a man while driving home from a party, dispose of the body and vow to tell no one. Just when they think they are in the clear, the characters begin receiving mysterious notes from someone determined to make them pay for their actions.

Screenwriter and director Mike Flanagan (Oculus) is currently working from the original novel to write the reboot, which could land in theatres in 2016. AFP

Golden Globes

Clooney to receive Cecil B. DeMille Award

Hollywood megastar George Clooney will receive the Cecil B. DeMille Award at the Golden Globes for his work onscreen and off, the organization said Monday.

The Hollywood Foreign Press Association said Clooney was chosen in large part for his humanitarian work, in particular for speaking out against the genocide in Darfur.

The prize honours a celebrity who had a substantial impact on the entertainment industry, and will be presented to Clooney at this year's Globes ceremony. AFP

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The doctor is in ... his taxi cab

Cabbie conundrum. Comedy takes a lighthearted look at a serious problem that highly educated immigrants across Canada face

IN FOCUS
Richard Crouse
scene@metronews.ca

Vinay Virmani stars in Dr. Cabbie, which opens next Friday. CONTRIBUTED

In Dr. Cabbie, Vinay Virmani stars as Deepak, a man from New Delhi, who arrives in Toronto with a degree in medicine and dreams of following in his MD father's footsteps. Instead he is met with bureaucracy and frustration. The medical establishment in Canada doesn't accept his hard-earned degree and decree that he won't be able to practice medicine in his new country.

Virmani was inspired to write the story after taking a cab ride in Toronto.

"When you get into a cab, you form that Indian-to-Indian thing," he says. "The driver is like, 'Where are you from?'

"Canada."

'No, where are you really from?'

"It always starts off like that. Then he told me his story. I was really moved by it because here's a guy who was young and naïve when he came here, very passionate about being a doctor, and had that dream shattered.

"Then I heard about a Chinese dentist in Vancouver who was doing dental work for families who couldn't afford dental. They called him the Bedroom Dentist. So all these things played in my head."

In the film, a friend (Big Bang Theory's Kunal Nayyar) gets Deepak a job driving a cab, and one eventful night he meets Natalie, the girl of his dreams (Adrianne Palicki), and delivers her baby in the back of the hack.

When a video of the birth goes viral he becomes something of a sensation. Soon people are flagging his taxi, looking for medical treatment.

With a thriving practice on wheels, he doles out medical advice and prescription drugs to customers from the back of his cab.

"If somebody told me a cabbie delivered a baby in a cab I would want to see that," he says.

"I would want to see how he did it. It's not far fetched to believe a video like that would go viral."

The movie is a broad comedy, but one with serious underpinnings.

"Right now we do have a doctor shortage in this country, we do have qualified PhDs not only driving cabs, but doing all sorts of work," he says. "And I really hope the movie sheds light on that, but in a fun, comedic way.

"I hope we've given integrity to the issue.

"Through the fun and games and the loud characters and situations, we say a doctor is a doctor is a doctor — that the Hippocratic Oath does not change just because you cross a border."

Quoted

"Through the fun and games, and the loud characters and situations, we say a doctor is a doctor is a doctor — that the Hippocratic Oath does not change just because you cross a border."

Actor Vinay Virmani

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From left, Dan Konopka, Andy Ross, Damian Kulash and Tim Nordwind of OK GO. GETTY IMAGES

OK Go returns, as inventive as ever

Upside Out. Video masterminds release their first new music since 2008, leading up to a full-length album being released Oct. 14

LISA WEIDENFELD
Metro in Boston

Earlier this summer, music video masterminds OK Go returned with a new creation: a series of optical illusions set to a new song, The Writing's on the Wall.

The song, part of a new EP called Upside Out, is the first new music from the band since their 2008 album, Of the Blue Colour of the Sky. A full-length album, Hungry Ghosts, is due out Oct. 14.

Lead singer Damian Kulash says that's pretty normal for the band, which generally takes about four years to make a new album.

"We take so long making records in part because we're not the fastest songwriters on the planet, but in part because we spend so much time touring and making videos," he explains.

It's apparently pretty complicated to build and operate a massive Rube Goldberg device, as they did for This Too Shall Pass.

A few things have changed about the writing process over the years, though.

Kulash pointed to the band's desire to write more "undirectedly," by which he means letting the music dictate what a song will be about, rather than starting with an idea and working backwards to it.

The result is what Kulash calls a more focused album, despite the more relaxed songwriting method, which he thinks allows for music that's more varied in scope.

"I kind of hate writing lyrics," Kulash admits. "I have so much fun playing with the sounds, and then you wind up with this music, where if things have gone right, it goes in five directions at once. It's something that you can't communicate, or at least I can't communicate verbally."

He points to the way writing the music itself can create a sound with "lust and fury and joy and melancholy all at once." Setting all of that to actual words can mean letting go of some of that feeling.

"When something is both joyful and melancholic at the same time, do you write melancholic lyrics or do you write joyful lyrics?

"Words are so specific. They always have to mean something so literal."

Despite the songwriting challenges, Kulash seems pretty happy with the result.

For those who were big fans of the Blue Colour album, Kulash says the new album "feels like it has a lot of the same sonic textures, but is a much more concise and to-the-point record."

Quoted

"When something is both joyful and melancholic at the same time, do you write melancholic lyrics or do you write joyful lyrics? Words are so specific. They always have to mean something so literal."

Damian Kulash, OK Go lead singer, on creating the band's new album

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METRO DAY AT H&M

Movies

Dragon Tattoo sequel still on, says director

Rooney Mara in The Girl With the Dragon Tattoo. AFP

Having brought The Girl With the Dragon Tattoo to the big screen in 2011, director David Fincher says two sequels are still very likely. The first Hollywood adaptation starred Rooney Mara and Daniel Craig. But a new production requires accommodating Craig, who is involved in the current run of James Bond films. "We'd need to schedule around it," said Fincher. AFP

James Bond. Filming set to begin on next 007 flick

The next movie in the James Bond franchise is due to begin filming on Dec. 6, according to MI6, the website dedicated to all things Bond.

Skyfall director Sam Mendes will return to helm Bond 24, which will be filmed at Pinewood Studios outside of London and on location in Austria, Italy and possibly Morocco.

The cast will feature several of the same faces as the previous movie. Daniel Craig remains in Her Majesty's Secret Service, joined by Ralph Fiennes as M, Naomie Harris as Eve Moneypenny and Ben Whishaw as the young Q.

Contrary to rumours Léa Seydoux might be the next Bond girl, MI6 indicates that the lead actress will be British. No word on villains, either. AFP

Skyfall star Daniel Craig and director Sam Mendes are re-teaming for Bond 24, which begins filming in December. AFP

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Vancouver Fashion Week

VANCOUVER FASHION WEEK STREETSTYLE

Where do trends start? The street, of course! With Vancouver Fashion Week taking over the city through Sept. 21, expect to see street-savvy fashionistas showing us not just what's now but also what's next — served up with wit, charm and confidence.

Looking for inspiration? Look no further than Metro because we're partnering with VFWs StreetStyle project to showcase some of Vancouver's most notable style-setters.

- **Name:** Dominique Hanke
- **Dress:** Romielle
- **Hat:** Hive Mind
- **Shoes:** Kitsilano Kitty's Closet
- **Jacket:** Topshop
- **Photographer:** Cindy Jiang

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YouTube star youngest to perform at CMHR

Pint-sized prodigy. Maria Aragon calls opportunity to sing at museum's opening ceremony 'an honour'

ELISHA DACEY
Metro in Winnipeg

It's been three years since 11-year-old Winnipegger Maria Aragon uploaded a stripped-down, piano version of Born This Way and caught the attention of the song's artist, Lady Gaga.

The resulting YouTube brouhaha — Aragon's version has more than 50 million views and the pint-sized singer got to sing the song on stage with Gaga in Toronto — has led Aragon to a record deal, touring opportunities, numerous appearances locally and internationally, and now to the Canadian Museum for Human Rights.

Now 14, Aragon will be the youngest singer to perform at the national museum's opening ceremonies in Winnipeg on Friday.

While she won't reveal what song she's singing Friday, she said she hopes Canada is impressed.

"There's only three performers for that morning," she said. "I'm just so honoured to be one of them. Hopefully I'll just give a performance … that will make Winnipeg proud."

The opening ceremonies are being broadcast live, but the thought of millions of people watching her makes her more excited than nervous, she said.

Aragon said she thinks she was asked to perform thanks to her rich Filipino-Canadian cultural heritage, her age and her dedication to various charities, including Typhoon Haiyan relief.

"I know I'm representing youth," said Aragon. "I'm performing because I am younger, but I can also make a difference."

The CMHR opening ceremonies will be broadcast live Friday morning at 9:15 ET.

The beat goes on

Aragon recently debuted her first single, Nothing But a Beat.

- Her as-yet-untitled album is expected out in February.

Quoted

"I know I'm representing youth. I'm performing because I am younger, but I can also make a difference."

Maria Aragon, singer and recording artist

metro AR **Maria Aragon stands in front of the Canadian Museum for Human Rights, where she will perform at the opening ceremonies on Friday. Scan this photo with your Metro News app to see her cover of Born This Way.** ELISHA DACEY/METRO

Long list announced

Giller Prize doubles award purse

The Scotiabank Giller Prize has announced its 2014 long list — and says it is doubling the amount of cash it awards.

The prize purse will increase to $140,000, with $100,000 to the winner and $10,000 to each finalist.

Twelve titles made the long list, including books by Miriam Toews, David Bezmozgis and Shani Mootoo. They were chosen from 161 books submitted by 63 publishers.

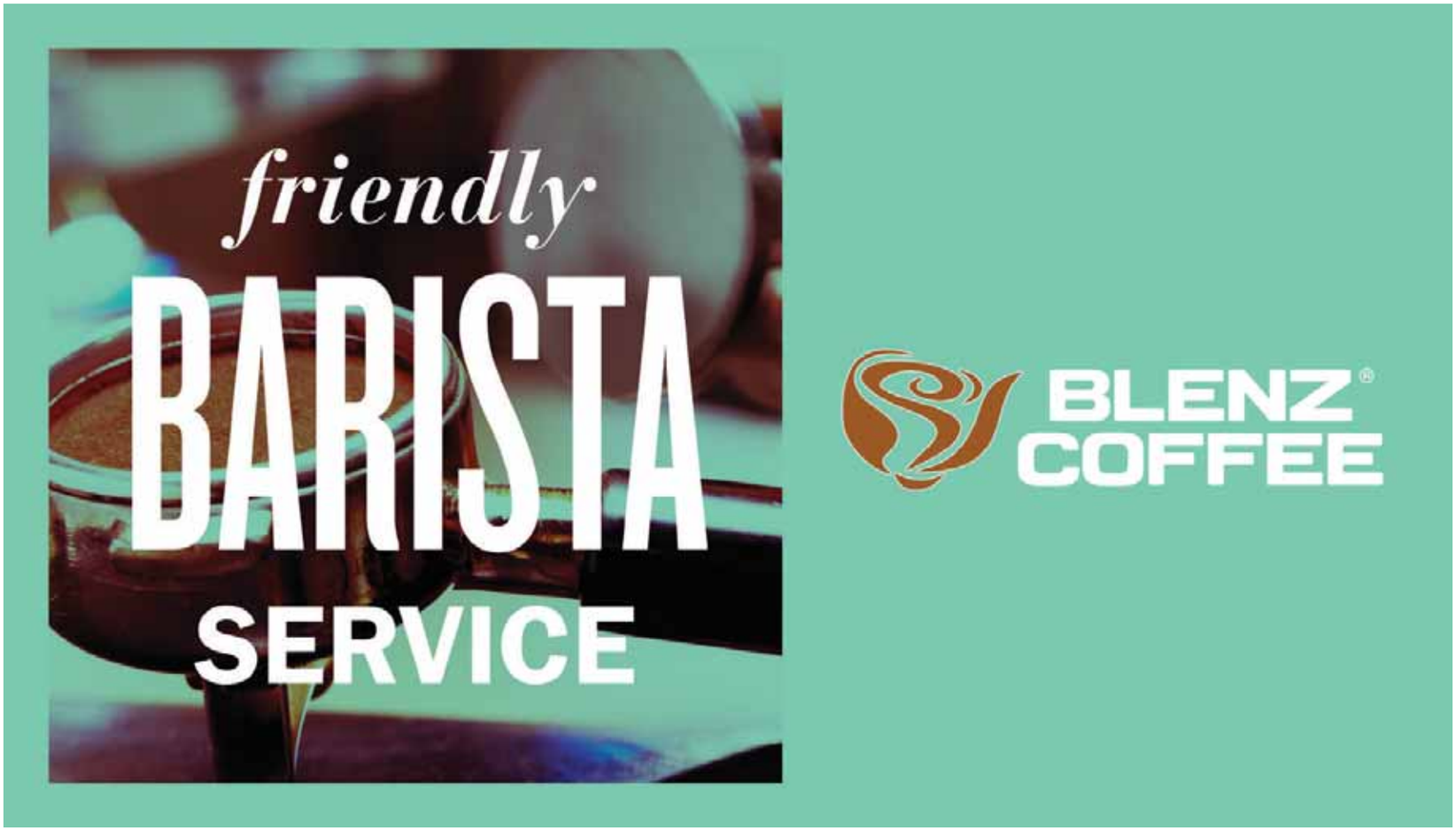
This year's jury panel consists of Canadian author Shauna Singh Baldwin, British novelist Justin Cartwright, and American writer Francine Prose.

The Scotiabank Giller Prize will air on CBC-TV on Nov. 10.

Others on the long list include Frances Itani, Padma Viswanathan and Heather O'Neill.

The complete long list can be found at: scotiabankgillerprize.ca.

THE CANADIAN PRESS



METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

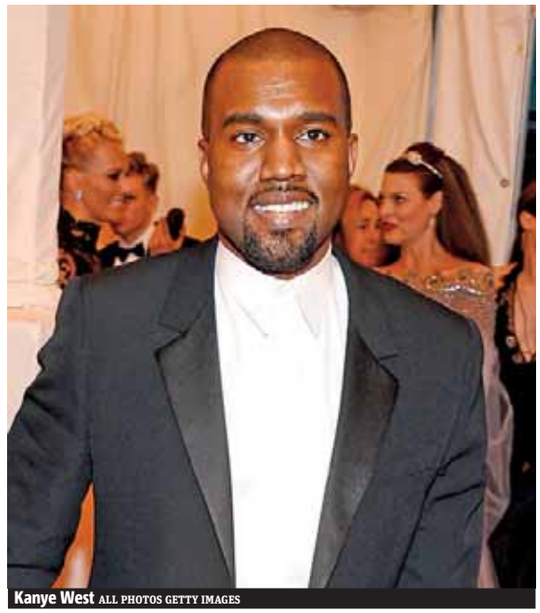
The Word

Robin was in the Thicke of a substance abuse problem last year

NED EHRBAR
Metro World News in Hollywood

If you interviewed Robin Thicke last year and felt like you were doing all the heavy lifting, there's a reason for that. In a deposition for the lawsuit alleging he and Pharrell ripped off Marvin Gaye for the hit Blurred Lines, Thicke says he "had a drug and alcohol problem for the year" and "didn't do a sober interview" — even with Oprah — looking to distance himself from stories he told about his involvement in the creation of the song. In fact, it looks like he's trying to dump everything on Pharrell. "I was high on Vicodin and alcohol when I showed up at the studio," Thicke says of the song's creation. "I wanted to be more involved than I actually was by the time, nine months later, it became a huge hit and I wanted credit. So I started kind of convincing myself that I was a little more part of it than I was ... But the reality is, is that Pharrell had the beat and he wrote almost every single part of the song." There's a joke in here somewhere about Thicke taking advantage of himself while he was wasted, though I like to think I'm better than that. But he knows he wants it.

That that don't kill him, only make his rants longer



Kanye West ALL PHOTOS GETTY IMAGES

Kanye West addressed (kind of, sort of) the incident earlier this week in which he admonished a wheelchair-bound fan for not standing up during a concert and, well, the results are pretty typical Kanye.

Here are two choice excerpts from his five-minute rant:

• "This is such big media-press-news and everything that obviously they trying to demonize me for. It's like, 'Welcome to today's news, ladies and gentlemen.' We've got Americans getting killed on TV, kids getting killed every weekend in Chicago, unarmed people getting killed by police officers ... It makes you just want to reflect on what are the things that are a little bit more sensationalized than others."

• "This is real expression. This is real artistry. You know, an artist's career doesn't happen in one cycle of news. An artist's career happens in a lifetime. And if you're a true artist, you're willing to die for what you believe in ... Does it seem like in any way I might be slightly a true artist?"

School's out for Minaj: Alma mater says 'No' to Nicki

Nicki Minaj (Fiorello H. LaGuardia High School class of 2000) was looking forward to visiting her former school and meeting with current students, but the institution said "No, thanks" — a slight Minaj took quite personally. "I wanted to go back to my HS and speak to the students but the new principal declined. No need for me to inspire them, I guess," Minaj tweeted. "I guess I'm not good enough." But before this pity party really gets going, let's check in with the school itself. Officials say Minaj is leaving out one key detail. "The fact is that Ms. Minaj was told by the NYC Department of Education that she would not be allowed to enter the school with a television crew," a letter sent by the school to parents reads. "The DOE has policies in place to protect the privacy and security of all it students."

Nicki Minaj

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How-to

Never overpack your bag

1. Check the weather forecast carefully and pack appropriately.
2. If everything in your suitcase matches, you can mix that up for days.
3. Versatile neutrals can be dressed up with colourful accessories that weigh much less.
4. Pack a few items on their last legs. Wear and toss.
5. Pack miniature toiletries and slim down your kit with products that do double-duty (moisturizer with sunscreen, shampoo with conditioner).
6. Make sure at least one pair of shoes is waterproof. Do you need five pairs of shoes? No.

TEXT: DOUG WALLACE, PHOTO: ISTOCK

Deals

Save money while booking online

While there's a time and place for travel agents, booking online is almost always the cheapest route. Sidestepping service fees is only the half of it. Tour companies, airlines and hotels frequently offer online-only specials, many of them last-minute. And by signing up for newsletters from your favourite hotel chains or airlines, you can pounce when the price is right. Top tip: Clear the cookies from your browser history between sessions: Some websites "remember" your last visit, and keep the prices higher than for those visiting the site for the first time. TEXT: DOUG WALLACE, PHOTO: ISTOCK

New

Kempinski Hotel Nay Pyi Taw

The new Kempinski Hotel Nay Pyi Taw in Myanmar is set to open Nov. 1. Situated near the capital city's airport and convention centre, the hotel features 141 rooms spread over four villas, along with a pavilion inspired by early 18th-century architecture. A fleet of BMW's is on hand to whisk guests to all the nearby sites, including the Bagan temple complex, Inle Lake and Mount Popa. Get a special rate of $180 for a premier suite until Dec. 31, subject to availability. Visit Kempinski.com. TEXT: DOUG WALLACE

FEET 3

Paris, by your selfie. Hotel promos pic tour

Trend

What the people want

Riding the wave of the selfie trend, the Mandarin Oriental Paris now offers a package with a private tour of the French capital's best locations for Instagram-worthy self-portraits. The prestigious hotel is not the only player in the tourism industry to have understood the marketing potential of the phenomenon. AFP

Perks

Free Wi-Fi for your posting pleasure

Guests are given a complete list of the most scenic and photogenic locations in Paris. While riding from one selfie spot to the next in the chauffeured car, guests can post their photos online thanks to the vehicle's on-board Wi-Fi. Complimentary Wi-Fi is also offered in each hotel room. AFP

By the numbers

$1,420

Or €995 is the price for The Mandarin Oriental's Selfie in Paris offer. That will get you a night in a deluxe room with breakfast and three hours with a private car and driver.

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Finding joie de vivre from a bicycle

Quebec tours.
La belle province offers stunning trails

Quebec has over 5,000 kilometres of bike-friendly roads and trails in its Route Verte (Green Way) cycling network and selecting which segments to ride can be bewildering. One no-fail route is to follow the food. Over two weeks, you can cycle two separate sections of Route Verte: the 256-kilometre circuit around Lac-Saint-Jean, and a collection of country lanes and bike paths on the eastern shore of the St. Lawrence between sunset-kissed Kamouraska and the Gaspé Peninsula.

Veloroute des Bleuets

Stitched together from bike trails, country byways, village pathways and occasional paved shoulders, this is a beautiful ride along a lake so big it resembles the sea. Cyclists on Veloroute des Bleuets are treated to candy for all of the senses — the sight and sound of waterfalls, the crispness of the air, the tiny taste explosions of those wild blueberries. People generally take three to five days to circle the lake. The longer the trip, the more time to see places such as Zoo Sauvage, where great wild spaces are given to animals, and Val-Jalbert, a historical 1920s paper mill town dominated by a towering waterfall, illuminated at night in changing colours.

Scan this photo with your Metro News App to see more sites from a cycling tour around Quebec.
THE ASSOCIATED PRESS

St. Lawrence

A nearly three-hour drive places you in the commanding Saguenay fjords and town of Tadoussac, a playground for hikers, whale-watchers, kayakers, nature lovers, artists and cyclists. Then it's 90 minutes by car ferry to the St. Lawrence's eastern shore, land of world-renowned sunsets, wild rosehip bushes, fragrant bakeries and more great biking.

Over five days, these proved among the best in a series of day rides: a loop in magnificent Parc Bic, where seals sun on rocks; village lanes and Route 132 from Notre-Dame-du-Portage to Saint-André; and a trail between La Pocatière and Saint-Roch-des-Aulnaies. You can't go wrong on this route. Especially when you end up for the night in that little chocolate factory, Auberge La Fée Gourmande.

THE ASSOCIATED PRESS

Bucket list

Trending now: Warsaw

The capital of Poland is currently enjoying a bit of a resurgence, attracting visitors buoyed by both budget-friendliness and renewed energy. The birthplace of Chopin, whose music is celebrated all over town, Warsaw is teeming with carefully restored buildings and monuments, lush parks and palaces, new galleries and old museums. And when the New Town dates from the 14th century, you've got some serious history and rebuilding going on. (Old Town is from the 13th century.) Be sure to stop in at the Wilanów Palace, the 17th-century Lazienki Królewskic Park and Palace complex and the Museum of the History of the Polish Jews, which just opened last year. If you're not renting a suite at the H15 Boutique Apartments (from $155), you're staying at the Hotel Rialto (from $80) or the Hotel Bristol (from $175). Visit WarsawTour.pl.

DOUG WALLACE/METRO

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Europe

New Dutch route celebrates liberating times

ON THE MOVE
Loren Christie
life@metronews.ca

As a Dutch-Canadian, I have always been proud of the tight bond between Canada and the Netherlands, a country that largely credits Canadians for their liberation from Germany at the end of the Second World War. As personal memories fade, Europe's new Liberation Route aims to keep the history of that period alive.

I recently toured the Dutch section of the Liberation Route. It is not an A to Z path that one follows, but rather a smattering of significant sites from war cemeteries to museums and monuments concentrated in the provinces of Gelderland and North-Brabant.

Near the town of Arnhem, the Groesbeek War Cemetery is the final resting place for 2,617 Canadians. The immaculately kept grounds are an incredible reminder of the sacrifice our country made. Chris Karamitsos, a retired firefighter and paramedic from Cornwall, Ont. was visiting the graves of soldiers from his hometown regiment. After placing small stones brought from Ontario in front of the headstones, he explained, "I got to have my life because of them. They deserve a piece of home."

You can tour Groesbeek in a 1940s Jeep with period music. LOREN CHRISTIE

The Airborne Museum Hartenstien in the town of Oosterbeek is housed in the former headquarters of the British airborne division. Like many museums, it offers a variety of exhibits but the underground airborne experience, which puts you in the midst of the battle of Arnhem, is not to be missed.

Throughout the region visitors will find large boulders adorned with remembrance plaques. There are audio stories associated with each plaque, which can be accessed through a free app. Gijs Numan, a leader in the Dutch Resistance credited with saving untold lives, is the subject of the marker next to the lock in the town of Apeldoorn. His audio story vividly recounts the night that he and Albert van de Scheur crept across the canal and brokered a peaceful exit from the town between the Germans and the Canadian liberators. For a quick two- or three-hour trip, book a tour with Bert Eikelenboom of Liberation Tour in Groesbeek. He will guide you through the history and main sites of the area in a 1940s jeep complete with period music.

A trip through Nova Scotian history

Tripping. From the Bay of Fundy to feasting on local lobster, if you're new to the East Coast, this is where to start

ANDREW JOHN VIRTUE DOBSON
dobbernationloves.com
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This summer I enjoyed a weeklong road trip through rural Nova Scotia and realized this may be the one province in the region that has it all.

Visitors here enjoy urban rhythms in Halifax, playful humpback whales in the Bay of Fundy, feast on tables brimming with local lobster, oysters and clams and indulge in sweet vino sips at premiere wineries.

If you're planning your first visit to the East Coast and are looking to "taste a little bit of everything," enjoy these essentials of a road trip through Nova Scotia. Alexander Keith's was founded in 1820 in Halifax, making it one of the oldest commercial breweries in all of North America.

The original brewery is located in a massive ironstone and granite building (circa 1820), which offers a perfect stage for your guides, hilarious performers dolled up in period costume. Brew enthusiasts are taken back in time by these animators who showcase 1863 Halifax life in song and story.

metro AR Scan this photo with your Metro News app to see more thrilling sites from an epic East Coast road trip — from Lunenburg, whale expeditions and seafood feasts. ANDREW DOBSON/METRO

Guests are given a quick history of the brewery's founder Alexander Keith, and then offered an education on the art of beer making.

Uncover the secrets of quaint Lunenburg via the bubbly seventh-generation Lunenburger Shelah Allen who runs Lunenburg Walking Tours. Her hour-long Essentials Tour explores Old Town Lunenburg, a UNESCO World Heritage Site. Ideal for history and architecture buffs, Shelah offers a humorous, personal narrative dotted with anecdotes passed down through her family over the years.

I've been on whaling expeditions in British Columbia, Ecuador, Iceland, South Africa and New Zealand and "the show" I experienced in Nova Scotia's Bay of Fundy wins top prize. Our entire boat was in fits of gleeful hysterics when two friendly humpback whales rolled around in the ocean, slapping their fins and poking up out of the water to say hello. Petit Passage Whale Watch departs each day from the East Ferry on the Digby Neck.

No trip to Nova Scotia is complete without a visit to the province's premiere viticulture region, The Annapolis Valley.

The province's newest winery, Planter's Ridge, is housed in a newly renovated 150-year-old heritage timber-frame barn.

The vineyard is planted on the sandy-clay slopes of a ridge overlooking Wellington Dyke, which offers visitors a stunning view from the winery's sun drenched patio.

If you go...

- **Alexander Keith's brewery.** keiths.ca
- **Lunenburg walking tours.** lunenburgwalkingtours.com

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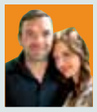
Food around the world

Guatemala (vegan rating: 5/10)



MEAT AND VEG
meatandvegontheroad.tumblr.com
Photos: Suzi Staheli
Words: Eoin Weldon

Meat, a contented carnivorous writer, documents his and his vegan fiancée Veg's dietary journey as they travel and munch their way across four continents.

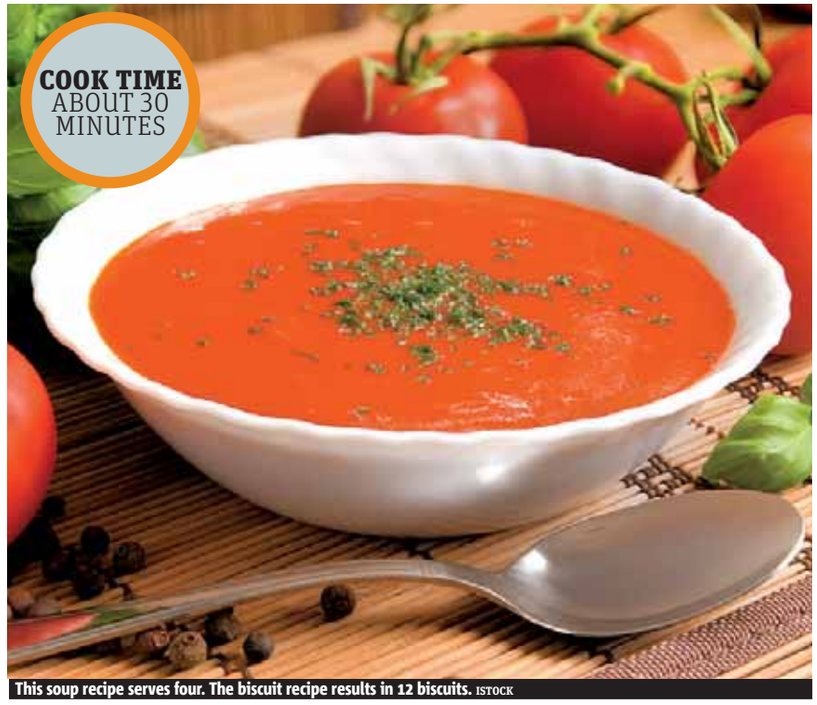
Veg: A street vendor in the city of Antigua was the source of Veg's favourite meal in this tricky country. Light and simple, the hard shell taco plate carried on it a large lettuce leaf, shredded red cabbage, strips of beetroot, parsley and a topping of onion and salsa. In limited Spanish, Veg requested the meal without cheese and eggs.

Meat: Zapallito rellenos (stuffed zucchini) is one of several national favourites here, I was told prior to leaving for the Mayan ruin site of Tikal. Our ruin-side hotel's free meal with board was a bed of mashed potatoes, local kale and this green chicken-filled ball topped with white cheddar. It was average at best, just like the country's range of decent food.

Soup season is right around the corner

Homemade Tomato Soup with Biscuits. Looking past canned varieties in anticipation of colder weather? Try this simple option

DINNER EXPRESS
Emily Richards
food@metronews.ca



This soup recipe serves four. The biscuit recipe results in 12 biscuits. ISTOCK

Get out into the garden and be sure to pick those fresh ripe tomatoes.

The large beefsteak tomatoes are perfect for sandwiches and salads but those ripe elongated plum tomatoes have fewer seeds and a meaty texture, which makes them perfect for soups and sauces.

Here is an easy tomato soup that is perfect to enjoy with homemade biscuits.

It doesn't take too long to prepare, either. While the soup is simmering you can make the biscuits.

Ingredients

Soup
- 2 tsp (10 ml) canola oil
- 2 shallots, chopped
- 1 clove garlic, minced
- 1 tsp (5 ml) chopped fresh rosemary or 1/4 tsp/1 ml dried
- 1 tsp (5 ml) chopped fresh thyme or 1/2 tsp/2 ml dried
- 3 cups (750 ml) chopped fresh ripe plum tomatoes
- 3 cups (750 ml) vegetable or chicken broth
- 1 tbsp (15 ml) all purpose flour
- Pinch pepper
- 1/2 cup (125 ml) 1% milk

Biscuits
- 2-1/2 cups (635 ml) all-purpose flour
- 2 tbsp (30 ml) granulated sugar
- 1 tbsp (15 ml) baking powder
- 1/2 tsp (2 ml) salt
- 3/4 cup (175 ml) butter, cubed
- 1 cup (250 ml) milk (approx.)

Tomato Soup

1. In saucepan, heat oil over medium heat and cook shallots, garlic, rosemary and thyme 3 minutes or until softened. Add tomatoes and cook, stirring for about 5 minutes or until juices start to appear.

2. Using potato masher crush tomatoes. Add stock and bring to a boil. Reduce heat and simmer for 20 minutes.

3. Using immersion blender or pour into blender and purée until smooth. Return to clean saucepan. Whisk flour and pepper into milk. Stir into soup and bring to a simmer 5 minutes or until thickened slightly.

Biscuits

1. In bowl, combine flour, sugar, baking powder and salt. Using pastry blender or fingertips cut in butter until mix resembles coarse crumbs. Gradually add enough milk, stirring with fork to make soft, slightly sticky dough.

2. On lightly floured surface, knead dough gently about 10 times. Pat dough into 1-inch thick round. Using floured cookie cutter, cut out rounds. Place on ungreased baking sheet. Gather scraps and cut out more rounds.

3. Brush tops of biscuits with milk. Bake in 425 F (220 C) oven for about 12 minutes or until golden.

Cheese-Stuffed Tomatoes

Hankering for tomatoes with a little more oomph? Looking for something a bit more robust?

Try this Cheese-stuffed Tomatoes recipe, which fills hollowed out tomatoes with a mix of bread crumbs and Monterey Jack cheese, then bakes them until bubbling.

1. Heat the oven to 400 F. Coat a 9-by-9-inch baking pan with cooking spray.

2. In a medium skillet over medium-high, heat the oil. Add the onion, garlic and coriander. Cook for 5 minutes, or just until tender. Stir in the bread crumbs, cheese, salt, pepper and cilantro.

3. Cut a 1/2 inch slice off the top of each tomato. Use a melon baller to scoop out the insides of the tomato, leaving the outer flesh intact. Spoon a quarter of the cheese mixture into each tomato. Arrange the filled tomatoes in the prepared pan. Bake for 8 to 10 minutes, or until tender and bubbly.

THE ASSOCIATED PRESS

Ingredients

- 1 tbsp olive oil
- 1 medium yellow onion, diced
- 2 cloves garlic, minced
- 1 tsp ground coriander
- 1 cup fresh bread crumbs (about 3 slices bread, finely food processor)
- 1 cup shredded Monterey Jack cheese
- 1/4 tsp kosher salt
- 1/4 tsp ground black pepper
- 2 tbsp finely chopped fresh cilantro
- 4 large tomatoes

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The benefits of a pastime without brain-strain

Extra, extra! Make some room between cramming and course work for a fun activity

LEAH RUEHLICKE
TalentEgg.ca

School can be draining. It can be overwhelming and exhausting and sometimes, flat-out boring.

Getting involved in extra-curricular activities can give you a break from the textbooks and feed your brain in a whole new way. But there are plenty of other benefits to signing up for an on-campus pastime.

Discover what you love to do

Extra-curricular activities can help you find passion — especially if you're enrolled in an exceptionally draining academic program.

They're also a way to force yourself to commit. Allotting time to play sports or write or sing may not be something you'd otherwise prioritize unless you had a reason — and a commitment — to do so.

Meet new people

The fun and the frivolous

Look closely at where your downtime is going. Are you watching rerun after rerun into the wee hours of the morning?

Getting involved in activities outside your normal social circle introduces you to people you may not otherwise meet.

You develop a whole new slew of friends and naturally bond with these people because you have something in common — and it's something the other people in your life likely can't relate to.

You bond over memorizing lines; struggling through swim practice; pulling all-nighters at the school paper. You share a big part of your life with a group of people. You get used to seeing them and spending time with them.

They end up knowing more about your personal life than your closest friends — and you come to rely on them in multiple aspects of your life.

Round out your resumé

Having a lot of related experience is all fine and dandy — but employers want someone with a well-rounded personality to complement that.

Getting involved in extra-curricular activities gives you so many opportunities to develop interpersonal skills, organizational skills and effective time-management.

Or maybe you get really passionate about the club you join and end up getting involved within the management of that organization.

Not only are you developing skills, but you're gaining relevant experience that any employer will look upon favorably.

Keep your calendar full

Between exams, essays and your part-time job, it's easy to think you don't have time to put anything else on your plate — and occasionally, this is the case. But more often than not, people do have the time; they just haven't recognized it yet.

Look closely at where your downtime is going.

Are you watching rerun after rerun into the wee hours of the morning? Getting sucked into Facebook for hours at a time?

Getting involved in an additional activity makes you utilize the time that you do have much more effectively.

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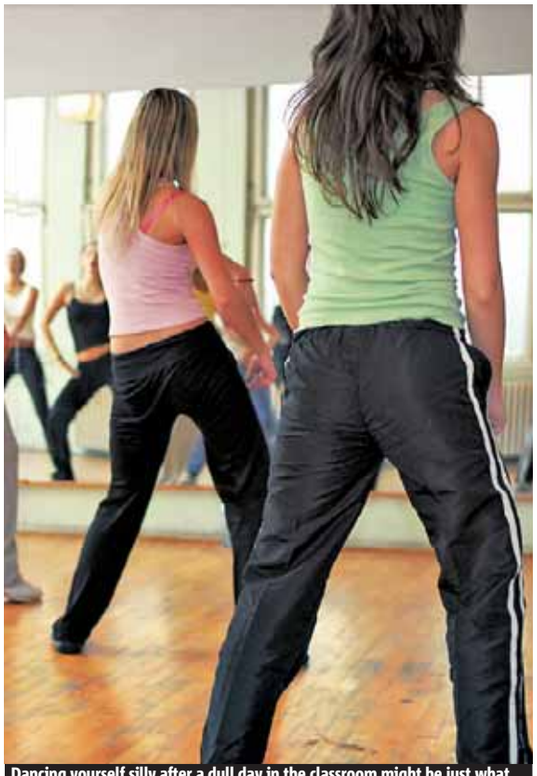

Dancing yourself silly after a dull day in the classroom might be just what your mind and body need. ISTOCK

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Using the web to weave a network

A crew that clicks.
Secure your connections through social media

LAUREN MARINIGH
TalentEgg.ca

Social media is a tool that can unlock a world of potential.

With just the click of a mouse and 140 characters, you can instantly connect with professionals, recruiters and prospective mentors.

If you're new to your field, you may not be sure how to approach social media for professional use. These tips can help you successfully network on social media.

Seek out connections

Start by seeking out connections that are of interest to you.

A good place to begin is by using the search bar on your chosen social media platform.

Search things such as the industry you're in, companies that you'd like to work for and their employees, and thought leaders within your industry.

Remember, people are not usually open to connecting with strangers on networks such ass Facebook and LinkedIn.

Start off with a platform like Twitter that allows you to follow and connect in a casual and less-direct fashion.

Show your new connections that you're the real deal by joining in on conversations related to your shared professional interests. ISTOCK

Once you've got a sense of which new connections are professional leads, you can reach out to them and explore connecting on more formal platforms, like LinkedIn.

Have a plan

There are a lot of conversations (and a lot of people) on social media, so it's easy to feel intimidated.

The easiest way to get ahead online is to set aside some time to create a plan for your digital networking.

Are you hoping to land your first job after graduation? Trying to build experience in a new industry? Looking to build a professional network?

Setting an overall objective for your online engagement will help you identify the opportunities that match your interests — and help you avoid feeling overwhelmed.

Focus on relationship-building

Although you may plan to use social media as a tool to land a job, focus on building relationships first.

Jumping straight to discussing your career goals or professional plans will likely alienate your new connection — after all, you're a stranger.

Start out by interacting with your new connections, commenting on their posts or activity and contributing to their discussions.

This is a much more effective way to build a good relationship and make a good impression with someone than just jumping the gun.

Share relevant content

If you follow professionals within your industry and you want them to follow you back, you need to show them that you're contributing to relevant conversations and that you're committed to your area of focus.

Keeping your profile up-to-date and consistently posting regular and useful content will help build your reputation in the online world.

These activities are a great way to build a portfolio and practice professional self-representation — as well as helping you shape your short- and long-term goals.

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The challenge of the chat

Join the right conversations

- Twitter chats are a great place to join conversations within your industry and also to connect with other like-minded people. Seek these chats out and try to attend them regularly.
- LinkedIn groups can also be a great place for you to build a professional presence. Join and start discussions surrounding your industry, and people will quickly begin to notice you.
- By regularly seeking out connections within your industry, focusing on building relationships with them and creating valuable content, you begin expanding your network with just a few clicks of the mouse.

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NASCAR

Jury to decide if Stewart will face charges in death

The decision of whether to charge three-time NASCAR champion Tony Stewart in the August death of a fellow driver at a sprint car race in upstate New York will be up to a grand jury.

Ontario County District Attorney Michael Tantillo said Tuesday he made the decision to present the case to a grand jury after reviewing evidence collected by sheriff's investigators. Tantillo could have determined there was not enough evidence to support charges and dropped the case, but instead announced his decision more than a month after Stewart's car struck and killed Kevin Ward Jr. at a dirt-track race on Aug. 9.

In a statement, Stewart said he respects the time and effort authorities have spent "investigating this tragic accident."

THE ASSOCIATED PRESS

NFL

Rice's suspension being appealed

The NFL players' union appealed Ray Rice's indefinite suspension Tuesday night.

Rice was originally handed a two-game suspension in July, but the ban became indefinite when a video surfaced showing Rice punching Janay Palmer, then his fiancée, in a casino elevator.

THE ASSOCIATED PRESS

Orioles celebrate winning AL East

MLB. Baltimore handles Toronto for second straight night to clinch division title

Members of the Orioles pour beer and champagne on manager Buck Showalter after beating the Blue Jays 8-2 to secure the AL East title on Tuesday in Baltimore. PATRICK SEMANSKY/THE ASSOCIATED PRESS

Champagne was spraying all around him, and Dan Duquette couldn't help but laugh at the mayhem he helped create.

The Orioles clinched their first AL East title since 1997 by beating Toronto 8-2 Tuesday night, and Duquette was right in the middle of a long overdue celebration in the Baltimore clubhouse.

"The guys are having a great time, and they earned it," said Duquette, the team's executive vice-president of baseball operations. "We've got some more work to do, and these guys know it, but congratulations to them on the division crown. They did a great job."

With their ninth win in 10 games, the Orioles clinched their second playoff appearance in three years following a run of 14 consecutive losing seasons.

After the final out, the Orioles converged behind second base. Fireworks soared in the outfield, while streamers and confetti sprayed throughout the boisterous crowd of 35,279.

The party continued in the clubhouse, where players wore goggles and smiles while covered in champagne and beer.

On Tuesday

Orioles	Blue Jays
8	2

It was Baltimore's ninth AL East title, but only its second since 1983, when the Orioles last won the World Series.

The Orioles got all the runs they would need early. Steve Pearce provided the Orioles with a 3-2 lead with a three-run drive off Drew Hutchison (10-12) in the first inning. Jimmy Paredes hit a solo shot in the second to make it 4-2.

In the other clubhouse, the Blue Jays bemoaned their role as the catalyst to the celebration.

"Watching what we had to watch was probably the worst thing you can experience as a player," Hutchison said. "It's something you never want to have to experience again. We have some games left here. We know what the odds are. We just have to win as much as we can. We still have a lot to play for with our pride."

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Gerrard caps win in injury time

Liverpool's Steven Gerrard scores the injury-time, game-winning goal on a penalty kick against Ludogorets Razgrad on Tuesday in Liverpool. The final score was 2-1. Scan the image with your Metro News app for a gallery with results from Tuesday's seven other Champions League openers. CLIVE BRUNSKILL/GETTY IMAGES

Peterson's popularity falls with child abuse charge

Adrian Peterson GETTY IMAGES FILE

For as long as he's been in the NFL, Adrian Peterson has been one of the most popular and most marketable stars in the league, an approachable superstar with the kind of inspirational comeback story that made him an endorser's dream.

Now that he is facing a felony charge of child abuse for spanking his four-year-old son with a wooden switch, the Minnesota Vikings running back is facing criticism like he never has before. In the wake of the Vikings' decision to allow Peterson to play while the legal process plays out in Texas, at least one team sponsor has suspended its relationship with the team, the governor has issued a public rebuke and stores are pulling Peterson merchandise from their shelves.

"It is an awful situation," Gov. Mark Dayton said Tuesday.

"Whipping a child to the extent of visible wounds, as has been alleged, should not be tolerated in our state. Therefore, I believe the team should suspend Mr. Peterson, until the accusations of child abuse have been resolved by the criminal justice system."

Nike pulled Peterson jerseys from its stores at the Mall of America in Bloomington and in outlet malls in Eagan and Albertville.

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2015 Hyundai Sonata

- **Type:** Four-door, front-wheel-drive midsize sedan
- **Engine:** 2.4-litre four-cylinder (184 hp), 2.0-litre turbo four-cylinder (245)
- **Transmission:** Six-speed automatic
- **Base price:** $25,694

Market position

Risen to consistent top-seller status in the midsize segment (fourth in 2013, behind Accord, Fusion and Camry), by making each generation significantly better than the previous one. New model for 2015 focuses on safety technologies and a new interpretation of swoopy styling.

Points

- Seventh generation of Hyundai's family sedan.
- All-new chassis with significantly improved ride and handling.
- Available front and rear heated seats.
- New suite of driver-assist and safety technologies.
- Three selectable drive modes: Eco, Normal and Sport

The comfy cabin has intuitive, easy-to-use controls.

Safety features

Seven air bags, electronic brake force distribution and brake assist, traction and stability control, available adaptive cruise with stop-and-go capabilities, available forward-collision warning, blind-spot detection with rear cross-traffic alert, lane-departure warning system, and lane-change assist.

Less style, more substance

Review. Hyundai Sonata swaps its swoops for better handling and ride

MIKE GOETZ
drive@metronews.ca

PHOTOS: MIKE GOETZ

Back in 2009, the sixth-generation Sonata rocked the midsize segment with killer looks and great value. Sonata has been a big seller ever since.

For the seventh-generation 2015 Sonata, Hyundai has dialed back the looks a bit. Mostly, it lost that dramatic slope line at the rear of the cabin. In the meantime, its competitors have jazzed up their content and visuals.

All this makes Sonata a slightly different proposition than it was last year, and playing to different strengths. It's more of an all-rounder, with a much-improved ride and better handling. The new chassis feels more secure and capable, and the electric power steering dials in more feel.

The new exterior shape improves outward visibility and rear-seat ingress and egress. As before, the rear-seat area is spacious, and it's one of the few midsize models that offers optional rear-seat heating.

The powertrain has some tweaks, but is basically carried over from last year, so you get two choices of four-cylinder power (2.4-litre or 2.0-litre turbo), both mated to a traditional 6-speed automatic, for that familiar shift feel and performance. A hybrid version is also available.

My test vehicle was a Sport model with the Tech package ($30,199), with the standard 2.4-litre four. With 185 hp and 178 lb.-ft. of torque on tap, it is very similar in refinement, power, fuel efficiency and on-road performance to the other big fours out there.

At the wheel, the Sonata has an easygoing personality, with very intuitive and easy-to-use controls and infotainment paraphernalia.

The Tech package showed off many new premium features, which are more-or-less expected in this midsize class, including a touch screen with navigation and rear-view camera, Bluetooth, blind-spot detection and park assist.

The new Sonata will continue to win its share of fans in this competitive segment.

Compare

1 Mazda6
Base price: $26,190
Voted AJAC's 2014 new car of the year. Fun to drive and look at, with lots of fun technology.

2 Chrysler 200
Base price: $21,290
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3 Chevrolet Malibu
Base price: $26,695
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Historic automobiles get their due

From a curvaceous dune buggy and two iconic race cars to a Cadillac touring car that helped the British allies win the First World War, the new National Historic Vehicle Register has begun selecting automobiles it deems worthy of recognition at the U.S. Library of Congress

JUSTIN PRITCHARD
drive@metronews.ca

Drives of distinction. Register inducts its first four — we add one more

Since 1989, the National Film Registry has been adding culturally, historically and esthetically significant flicks to its illustrious collection at the U.S. Library of Congress.

Since 1966, the National Register of Historic Places has been documenting significant buildings, landmarks, ships and aircraft.

But automobiles had been stuck in low gear — until now. Earlier this year, the National Historic Vehicle Register began adding haute wheels to the Library's collection, as selected by the Historic Vehicle Association.

Here's a look at their first four choices, and our fearless prediction for the next selection. For more details, go to historicvehicle.org.

1918 Cadillac Type 57: U.S. 1257X

When Austria's Archduke Franz Ferdinand was gunned down in his motorcade in 1914, it triggered the bloodiest conflict of the 20th century.

When the U.S. joined the war in 1917, it shuttled 2,000 of these olive-coloured military Caddies across the pond.

There is only one known copy of the V8-powered touring car still in existence. It was used to support French and American troops near the front in Chalons, during the Second Battle of the Marne, the final major German offensive in the First World War.

It would also transport Eleanor Butler Roosevelt, wife of Theodore Roosevelt Jr. (the president's son), who was on a two-month mission to create a leave system for soldiers.

Shown in Nice in 1918, this Cadillac was one of thousands shipped to France for the First World War. COURTESY KAUTZ FAMILY

1964 Meyers Manx "Old Red"

The first fibreglass-bodied dune buggy made a splash when it broke the speed record from Tijuana to La Paz by five hours. It went on to win the inaugural Mexican 1000, the race that would become the Baja 1000.

Named for its high-humped tail, which resembles a manx cat's rump, Old Red was an off-roading revelation. Creator Bruce Meyers had a background building fibreglass boats and brought the gel coat found on sailboats into the kit-car universe.

As for the whimsical design, Meyers drew on the Sunday comic strips of his formative years, where Mickey Mouse and Donald Duck tooled around in funny little cars with big fat wheels. He's also confessed to taking cues from a woman's hips, and it's been noted that the front end looks like it's wearing a bikini.

metro AR In 1964, boat builder Bruce Meyers created the world's first fibreglass dune buggy. Scan this photo with your Metro News app for a video about this historic vehicle. CONTRIBUTED

1938 Maserati The Boyle Special

The Boyle Special won back-to-back Indy 500s in 1939 and 1940, and Wilbur Shaw became the first driver to repeat the feat in the same car.

Shaw went on to serve as president of the speedway until his death in 1954.

As for the open-wheel racing wunderkind, which features a double-overhead camshaft straight eight with twin superchargers, it still turns heads. At last May's 98th running of the Greatest Spectacle in Racing, the beautifully preserved legend gave speed fans a thrill by re-enacting its victory lap 75 years after pulling off the back-to-back wins.

You can see the 8CTF in the permanent collection of the Indianapolis Speedway's hall of fame.

1964 Shelby Cobra Daytona Coupe, CSX2287

Designed by Peter Brock and produced by Shelby American in its Venice, Calif., shop, the CSX2287 was the first of six Daytona Coupes ever made.

The hand-built study in aerodynamics crushed it on the racetrack, leading the 24 Hours of Le Mans for a 10-hour stretch. The second prototype led Shelby to victory lane at the FIA Manufacturer's GT Championship in 1965 — the first time an American team topped the standings.

The sleek speedster also raced at Daytona, Sebring and Spa before ending up in producer Phil Spector's garage — and appearing on an episode of the Monkees, where it duelled the mop-topped rockers' 1966 Pontiac GTO.

Woodrow Wilson's 1919 Pierce Arrow

Our prediction for next entry: After signing the Treaty of Versailles to end the First World War, Woodrow Wilson returned stateside in style. Greeting him dockside in New York was the latest addition to the White House motor pool: a jet-black Pierce Arrow series 51 (top photo).

The limo chauffeured the president until Warren Harding's inauguration a couple years later.

The AAA symbol pm the radiator reflects the fact that Wilson was the first president to become a member of the auto club, and the orange pinstripes are a nod to his Princeton alma mater.

The regal ride is one of the highlights of the Woodrow Wilson museum in Virginia.

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SHARE OUR EMPLOYEE PRICE	$14,344*

Offer includes $1,665 freight and air tax.

FEATURES:
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- Independent Rear Suspension
- Active Grille Shutters

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$5,750**
IN PRICE ADJUSTMENTS
(2014 Mustang V6 Premium Coupe amount shown)

2014 MUSTANG V6 PREMIUM COUPE

Employee Price Adjustment	$2,000
Delivery Allowance	$3,750
TOTAL PRICE ADJUSTMENTS	$5,750**
SHARE OUR EMPLOYEE PRICE	$23,449*

Offer includes $1,700 freight and air tax.

FEATURES:
- 3.7L V6 Engine
- 305 Horsepower
- 17" Aluminum Wheels

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2014 ESCAPE S FWD 2.5L

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Delivery Allowance	$500
TOTAL PRICE ADJUSTMENTS	$1,755**
SHARE OUR EMPLOYEE PRICE	$24,494*

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Retail offers not combinable with any CPA/GPC or Daily Rental incentives, the Commercial Upfit Program or the Commercial Fleet Incentive Program (CFIP). †Ford Employee Pricing ("Employee Pricing") is available from July 1, 2014 to September 30, 2014 (the "Program Period"), on the purchase or lease of most new 2014/2015 Ford vehicles (excluding all chassis cab, stripped chassis, and cutaway body models, F-150 Raptor, F-650/F-750, Mustang Shelby GT500, 50th Anniversary Edition Mustang and all Lincoln models). Employee Pricing refers to A-Plan pricing ordinarily available to Ford of Canada employees (excluding any Unifor/CAW negotiated programs). The new vehicle must be delivered or factory-ordered during the Program Period from your participating Ford Dealer. Employee Pricing is not combinable with CPA, GPC, CFIP, Daily Rental Allowance and AX/Z/D/F-Plan programs. ††Until September 30, 2014 purchase a new 2014 Focus S 4-Door Manual/Mustang V6 Premium Coupe/Escape S FWD with 2.5L engine/Focus ST for $14,344/$23,449/$24,494/$28,434 after total Ford Employee Price adjustment of $3,320/$5,750/$1,755/$3,320 is deducted. Total Ford Employee Price adjustment is a combination of Employee Price adjustment of $620/$2,000/$1,255/$2,480 and delivery allowance of $2,700/$3,750/$500/$750. Taxes payable on full amount of purchase price after total Ford Employee Price adjustment has been deducted. Offers include freight and air tax of $1,665/$1,700/$1,750/$1,665 but exclude variable charges of license, fuel fill charge, insurance, dealer PDI (if applicable), registration, PPSA, administration fees and charges, any environmental charges or fees, and all applicable taxes. All prices are based on Manufacturer's Suggested Retail Price. Manufacturer Rebates are not combinable with any fleet consumer incentives. **Until September 30, 2014, receive [$3,585/$4,630]/ [$3,505/$5,255]/ [$2,510/ $4,515]/ [$1,755/ $3,977]/ [$7,747/ $9,895]/ [$1,640/$4,275]/ [$735/$14,393/$14,911] / [$10,141/ $13,459]/ [$10,407/ $13,781]/[$1,280/$1,809/ $2,175] / [$3,675/ $5,814] / [$1,370/ $3,457]/ [$1,870/ $4,344]/ [$2,680/ $8,637]/ [$1,595/ $6,188]/ [$2,085/ $2,645] in total Ford Employee Price adjustments with the purchase or lease of a new 2014 C-Max [Hybrid SE/ Energi SEL]/ E-Series [E-150 Commercial Cargo Van/ E-350 Super Duty XLT Extended Wagon]/ Edge [SE FWD/ Sport AWD]/ Escape [S FWD/ Titanium 4x4]/ Expedition [SSV 4x4/ Max Limited 4x4]/ Explorer [Base 4x4/ Sport 4x4]/ F-150 [Regular Cab XL 4x2 6.5' box 126" WB/ Super Crew Limited 4x4 6.5' box 145" WB/ Super Crew Limited 4x4 6.5' box 157" WB] / F-250 [XL 4x2 SD Regular Cab 8' box 137" WB/ Lariat 4x4 SD Crew Cab 8' box 172" WB]/ F-350 [XL 4x2 SD Regular Cab 8' box 137" WB SRW/ Lariat 4x4 SD Crew Cab 8' box 172" WB SRW]/ Flex [SE FWD/ Limited AWD]/ Focus [S auto Sedan/ Electric Base]/ Fusion [S FWD Sedan/ Energi Titanium]/ Mustang [V6 2 door coupe/ GT 2 door convertible]/ Taurus [SE FWD/ SHO AWD]/ Transit Connect [XL Cargo Van/ Titanium Wagon]. Total Ford Employee Price adjustments are a combination of Employee Price adjustment of [$2,085/ $3,130]/ [$3,505/ $5,255]/ [$1,760/ $3,766]/ [$1,255/ $2,977]/ [$4,747/ $6,895]/ [$1,640/$4,275]/ [$735/ $7,643/$8,161]/ [$3,891/ $7,209]/ [$4,157/ $7,531]/ [$530/ $1,059/ $1,425]/ [$1,675/ $3,814]/ [$820/ $2,957]/ [$1,120/ $3,594]/ [$1,180/ $4,387]/ [$1,595/ $4,188]/ [$1,945/ $2,645]/ [$530/ $1,051]/ [$1,675/ $3,814]and delivery allowance of [$1,500]/ [$0]/ [$750]/ [$500/$1,000]/ [$3,000]/ [$0]/ [$0/ $6,750/ $6,750]/ [$6,250]/ [$6,250]/ [$5,000]/ [$750]/ [$2,000] / [$750/$500]/ [$750]/ [$1,500/ $4,250]/ [$0/ $2,000] / [$0] -- all chassis cab, stripped chassis, cutaway body, F-150 Raptor, Medium Truck, Mustang Boss 302 and Shelby GT500 excluded. Employee Price adjustments are not combinable with CPA, GPC, CFIP, Daily Rental Allowance and AX/Z/D/F-Plan programs. 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Over the mountain or off the road

Suzuki V-Strom. Trim and slim bike makes smooth work of a tour up the Coquihalla and along the Sowaqua

MARISSA BAECKER
drive@metronews.ca

My spirit for adventure was awakened the moment the 2014 Suzuki V-Strom 1000 SE was unloaded from the trailer. Bright red and adventure ready, the road less travelled was calling my name.

Equipped with hand guards, centre stand, side panniers and a nine-way adjustable windscreen right off the showroom floor, the SE is ready for the long haul before your imagination can decide where to take you.

I closed the pannier, plugged my cellphone into the 12-volt outlet, set the trip meter to zero and navigated the quickest way out of downtown Vancouver — intent on racking up 800 km in search of the smell of fresh cedar.

The V-Strom is still the tried-and-true bike it has always been, but it got a makeover for 2014. A redesigned fuel-injected engine, with increased cooling capacity, serving up low and mid-range torque for those tricky off-road areas, a redesigned exhaust, transmission tweaks, plus a chassis and suspension upgrade — all equating to an 8-kg trim from the previous model and improved stability.

Recent increased speed limits on B.C. highways showed off the V-Strom's sport handling, and the inverted front forks absorbed every slight bump.

I slipped through the gears and into 6th for a smooth ride, as the city skyline sank rapidly in my rear-view mirror and the mountains grew taller in front of me.

Roaring past sprawling pastures of livestock and agriculture, my adventure mirage was intermittently halted by the offensive smell of freshly spread manure along Hwy. 1 through Chilliwack.

Having survived the sensory assault, I resettled into the saddle just in time to enjoy the onslaught of sweeping curves on the approach into the mountains.

I was reacquainting myself with Mother Nature when Aeolus, the Greek god of wind, took over in the rocky canyons as I climbed the Coquihalla. Seemed like a good time to leave the pavement for a more sheltered route.

Into the woods, where trees were plentiful and campfire vapours teased their bows. The banks of Sowaqua Creek were bursting with rapidly flowing mountain run-off as I rode alongside.

I arrived in the clearing of a private canyon paradise, with its occupants lounging creekside. After a slide U-turn, I flipped on the traction control and my rear tire gripped the gravel as I headed back to the main road.

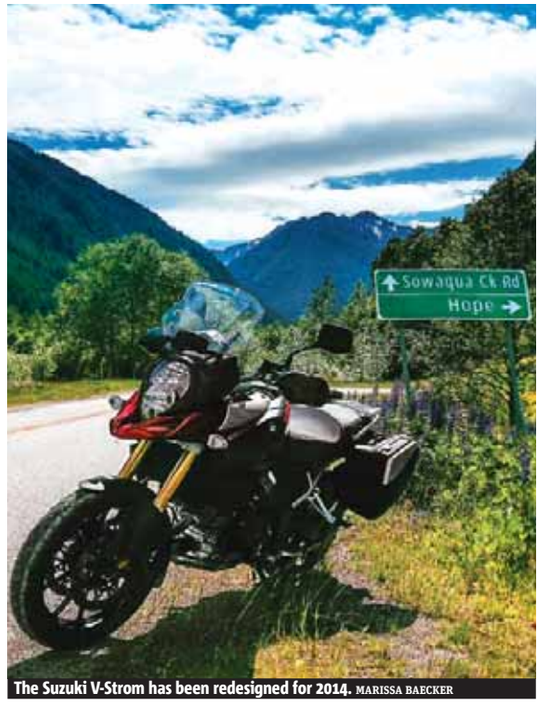
I marvelled that my backside had yet to complain after 2.5 hours of riding. I accelerated past the coughing 18-wheelers up to the 1,728-metre Pennask Summit, where I again left the road for a descent through Bear Creek.

The sun was dipping and it wasn't long before I tested the ABS and stared down a path-crossing moose. We watched one another at a distance until she meandered back into the brush and I continued on my way.

This is what it's all about, I thought to myself.

Suzuki V-Strom 1000 SE

- **Price.** $11,999 base, 12,999 for SE model
- **Engine.** 1037-cc V-twin liquid-cooled 4-stroke
- **Weight.** 228 kg
- **Features.** Three-way traction control, ABS, 9-way adjustable windscreen, shaped comfort seat with high-grip sidewalls carved out for optimal ground foot position.



The Suzuki V-Strom has been redesigned for 2014. MARISSA BAECKER

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AUGMENTED REALITY

Stuck on 12 Across? Scan this image with your Metro News app for today's crossword and Sudoku answers. It's OK. No one's watching.

→ See the full instructions on Metro's Voices page.

Horoscopes by Sally Brompton

♈ Aries
March 21 - April 20
Your ideas may be amazing but unless you find practical ways of applying them to your everyday affairs they won't do you much good.

♉ Taurus
April 21 - May 21
The Sun in Virgo endows you not only with a positive outlook but also a willingness to take risks. Something you begin over the next few days could change your life in remarkable ways.

♊ Gemini
May 22 - June 21
Not everything will go the way you want it to go today but those things which do work out right will far outnumber those things which don't.

♋ Cancer
June 22 - July 23
Because recent months have been hectic there were things you wanted to do but never quite got round to. Now you can begin to move in a more agreeable direction. Focus only on what makes you smile.

♌ Leo
July 24 - Aug. 23
The successes of recent weeks could still easily be reversed, so don't start thinking you have cracked it and no longer need to make an effort.

♍ Virgo
Aug. 24 - Sept. 23
The past few weeks have seen many beneficial changes in your life and before the Sun leaves your sign on the 23rd there will be more surprises.

♎ Libra
Sept. 24 - Oct. 23
Mercury, the planet of the mind, in your sign makes this the ideal time to figure out what you need to change to make your life more complete.

♏ Scorpio
Oct. 24 - Nov. 22
Are you delighted with what you have achieved? Or are you saddened because you wasted so many opportunities? Either way you should not get too worked up about it.

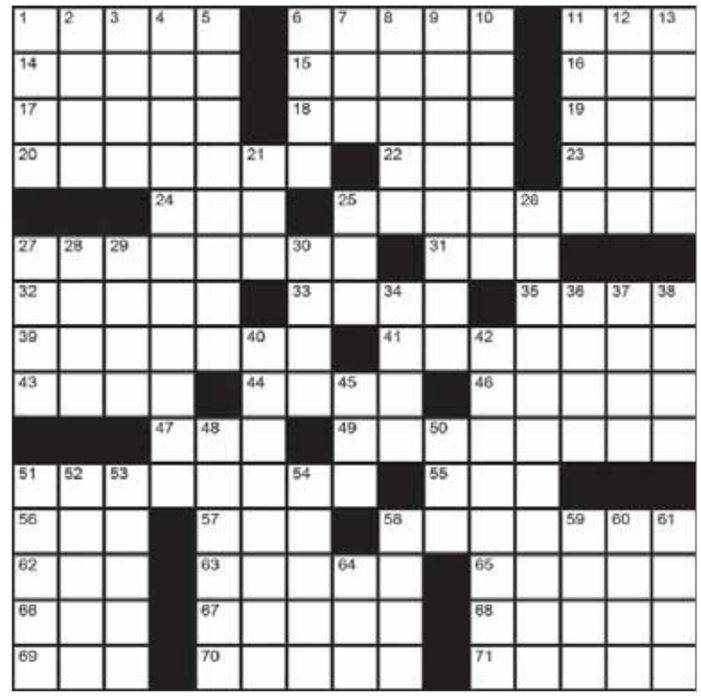
♐ Sagittarius
Nov. 23 - Dec. 21
The way you react to problems of a partnership nature is of the utmost important today. If you criticize others too harshly then you must expect matters to most likely get worse.

♑ Capricorn
Dec. 22 - Jan. 20
Too often in the past you have been content to let life come to you, but now you must push yourself forward at every opportunity. Success comes to those who dare.

♒ Aquarius
Jan. 21 - Feb. 19
Over the next few days you should rests. When the Sun changes signs on the 23rd it will be all go again, but in a good way, so save yourself for then.

♓ Pisces
Feb. 20 - March 20
Neptune, your ruler, is linked with mind planet Mercury today, so your brain will be buzzing with ideas. For results, limit yourself to one objective.

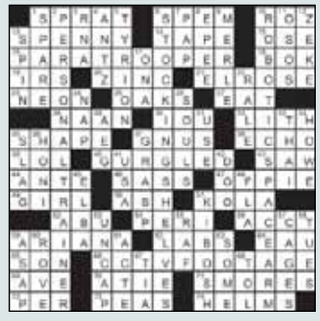
Crossword: Canada Across and Down by Kelly Ann Buchanan



Across
1. Jessica Alba's hubby Mr. Warren's
6. __ Ark
11. Wordplay
14. Add to the tab: 2 wds.
15. "_ __ Grows in Brooklyn" (1945)
16. Singer's trophy, e.g.
17. Flower feature
18. Category
19. Duran Duran song
20. Cape Breton: __ Wilderness Area
22. Mr. McLean, et al.
23. Highlander's hat
24. Days opp.
25. #58-Down sauce
27. 'The Great' Quebec river: 2 mots
31. US gov. radio service
32. "The results __ __!"
33. Humorous hound
35. Actor Stephen's
39. Goes forth without a plan: 2 wds.
41. Cancel
43. Mr. Meyers
44. Centimetre, e.g.
46. "The _! __ Hollywood Story"
47. Mr. Hanks
49. "Run with Us": 1987 hit for Canadian songstress Lisa __
51. BC's __ Coast
55. Indonesia's __ Islands
56. Chicoutimi chum
57. __-Caps (Candy brand)
58. Lustrous lip liners
62. The Beeb
63. Brash
65. King Arthur's father, __ Pendragon
66. Liberace's nickname
67. Furor
68. Publish
69. Be imperfect
70. Prefix to 'dactyl' (Flying reptile)
71. Gregor __ (Main character of Franz Kafka's The Metamorphosis)

Down
1. Rocky projection
2. Halo
3. High-hatter
4. Canadian Museum for __ __, brand new in Winnipeg
5. King Leonidas and his people
6. Harps at
7. 'Capri' suffix
8. Musician/actor Desi
9. Robert __, Canadian 'Shark' on ABC's "Shark Tank"
10. Manages the matter: 2 wds.
11. PQ = __ Quebecois
12. Arctic boat
13. One of The Judds
21. Military org. in The States
25. TV actor Mr. McGinley
26. "Also Sprach __": Richard Strauss piece in "2001: A Space Odyssey" (1968)
27. Rules
28. India.__ (Singer/songwriter)
29. Gracious guy
30. Fawn
34. "That __ __ silly!"
36. Avoir's cohort
37. Take _ __ from (Be influenced)
38. Garden construction
40. At hand
42. Devises a new plan after a setback
45. W. Somerset Maugham novel, Cakes and __
48. "__, __!" (Retort to a rather clever barb!)
50. 'Event' suffix
51. Sand: French
52. Earthy pigment
53. Not as rude
54. Oslo's country, to its citizens
58. Greek pita serving
59. Crevice fille
60. Poetic nightfalls
61. Mlle. cousin
64. Worm: French

Yesterday's Crossword



Online

See today's answers at metronews.ca/answers

Sudoku

How to play
Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

2	3					1		7
	6	7	3				9	2
5			8	7			6	
			2		3	6	7	
		3		8		4		
	5	6	9		7			
	8			2	9			6
6	1				5	9	4	
3		9					1	5

Yesterday's Sudoku

1	8	2	9	7	3	4	5	6
4	3	9	5	6	8	7	2	1
7	6	5	2	1	4	9	8	3
9	2	6	3	4	1	8	7	5
8	7	1	6	5	9	3	4	2
3	5	4	8	2	7	1	6	9
6	4	7	1	9	2	5	3	8
2	1	3	7	8	5	6	9	4
5	9	8	4	3	6	2	1	7

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2014 ACCENT 4DR L

GLS model shown♦

HWY: **5.3**L/100 KM
CITY: **7.5**L/100 KM▼

2014 Accent "Highest Ranked Small Car in Initial Quality in the U.S.Δ"

SELLING PRICE: **$9,364**

DESTINATION & DELIVERY FEES: **$1,595**

OWN IT FOR **$10,959‡**

2014 TUCSON GL FWD

Limited model shown♦

HWY: **7.2**L/100 KM
CITY: **10.0**L/100 KM▼

SELLING PRICE: **$18,099**

DESTINATION & DELIVERY FEES: **$1,760**

OWN IT FOR **$19,859‡**

Limited model shown♦

2014 SANTA FE SPORT

HWY: **8.2**L/100 KM
CITY: **11.4**L/100 KM▼

UP TO **$4,000** IN PRICE ADJUSTMENTS[Ω]

WELL EQUIPPED:
HEATED FRONT SEATS • AM/FM/CD/MP3 6 SPEAKER AUDIO SYSTEM W/AUX/USB JACKS • REMOTE KEYLESS ENTRY WITH ALARM SYSTEM • ELECTRONIC STABILITY CONTROL • STABILITY MANAGEMENT

INCREDIBLE OFFERS ON OUR NEW 2015 MODELS

Limited model shown♦

HWY: **6.4**L/100 KM
CITY: **8.8**L/100 KM▼

2014 Elantra "Highest Ranked Compact Car in Initial Quality in the U.S.Δ"

2015 ELANTRA L

OWN IT FOR **$14,959‡** AND GET **0%** FINANCING FOR **84** MONTHS◊◊

WELL EQUIPPED:
AM/FM/CD/MP3 6 SPEAKER AUDIO SYSTEM W/AUX/USB JACKS • POWER DOOR LOCKS • ELECTRONIC STABILITY CONTROL • STABILITY MANAGEMENT

Limited model shown♦

HWY: **6.7**L/100 KM
CITY: **9.8**L/100 KM▼

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5-year/100,000 km Powertrain Warranty
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®The Hyundai names, logos, product names, feature names, images and slogans are trademarks owned by Hyundai Auto Canada Corp. ‡Cash price of $10,959/$19,859/$14,959 available on all remaining new in stock 2014 Accent L 6-speed Manual/2014 Tucson 2.0L GL FWD Manual/2015 Elantra L Manual models. Prices include Delivery and Destination charges of $1,595/$1,760/$1,595.Prices exclude registration, insurance, PPSA, fees, levies, license fees, applicable taxes and dealer admin. fees of up to $499. Fees may vary by dealer. Delivery and Destination charge includes freight, P.D.E. and a full tank of gas. ◊◊Finance offer available O.A.C. from Hyundai Financial Services based on a new 2015 Elantra L 6-Speed Manual with an annual finance rate of 0% for 84 months. Finance offer includes Delivery and Destination of $1,595, fees, levies and all applicable charges. Prices exclude registration, insurance, PPSA, license fees and dealer admin. fees of up to $499. Fees may vary by dealer. Delivery and Destination charge includes freight, P.D.E. and a full tank of gas. Financing example: 2015 Elantra L 6-Speed Manual for $17,594 at 0% per annum equals $82 bi-weekly for 84 months for a total obligation of $14,959. $0 down payment required. Cash price is $14,959. Cost of Borrowing is $0. Example price includes Delivery and Destination of $1,595, fees, levies and all applicable charges. Prices exclude registration, insurance, PPSA, license fees and dealer admin. fees of up to $499. Fees may vary by dealer. ◊Leasing offer available O.A.C. from Hyundai Financial Services based on a new 2015 Sonata GL with an annual lease rate of 1.9%. Bi-weekly lease payment of $119 for a 36-month walk-away lease. Down Payment of $2,750 and first monthly payment required. Total lease obligation is $12,032. Lease offer includes Delivery and Destination of $1,695. Lease offer excludes registration, insurance, PPSA, fees, levies, license fees, applicable taxes and dealer admin. fees of up to $499. Fees may vary by dealer. $0 security deposit on all models. 20,000 km allowance per year applies. Additional charge of $0.12/km on all models except Genesis Sedan and Equus where additional charge is $0.25/km. Delivery and Destination charge includes freight, P.D.E. and a full tank of gas. ΩPrice adjustments are calculated against the vehicle's starting price. Price adjustments of up to $4,185/$3,400/$4,000/$2,635/$7,500 available on in stock 2014 Accent 4-Door L Manual/2014 Tucson 2.0L GL Manual/2014 Santa Fe Sport Limited w/Saddle AWD/2015 Elantra L Manual/2014 Genesis Coupe 3.8L GT. Price adjustments applied before taxes. Offer cannot be combined or used in conjunction with any other available offers. Offer is non-transferable and cannot be assigned. No vehicle trade-in required. ♦Prices of models shown: 2014 Accent 4 Door GLS/2014 Tucson 2.4L Limited AWD/2014 Santa Fe 2.0T Limited AWD/2015 Elantra Limited/2015 Sonata Limited are $20,394/$35,359/$40,894/$27,244/$34,694. Prices include Delivery and Destination charges of $1,595/$1,760/$1,795/$1,595/$1,695.Prices exclude registration, insurance, PPSA, fees, levies, license fees, applicable taxes and dealer admin. fees of up to $499. Fees may vary by dealer. ▼Fuel consumption for new 2014 Accent 4-Door L (HWY 5.3L/100KM; City 7.5L/100KM);2014 Tucson 2.0L GL FWD Manual (HWY 7.2L/100KM; City 10.0L/100KM); 2014 Santa Fe 2.0T Limited AWD (HWY 8.2L/100KM; City 11.4L/100KM); 2015 Elantra L Manual (HWY 6.4L/100KM; City 8.8L/100KM); 2015 Sonata GL Auto (HWY 6.7L/100KM; City 9.8L/100KM) are based on Manufacturer Testing. Actual fuel efficiency may vary based on driving conditions and the addition of certain vehicle accessories. Fuel economy figures are used for comparison purposes only. ΔThe Hyundai Accent/Elantra received the lowest number of problems per 100 vehicles among small/compact cars in the proprietary J.D. Power 2014 Initial Quality Study℠ (IQS). Study based on responses from 86,118 new-vehicle owners, measuring 239 models and measures opinions after 90 days of ownership. Propriety study results are based on experiences and perceptions of owners surveyed in February-May 2014. Your experiences may vary. Visit jdpower.com. ††♦ΩOffers available for a limited time and subject to change or cancellation without notice. Dealer may sell for less. Inventory is limited, dealer order may be required. Visit www.hyundaicanada.com or see dealer for complete details. The SiriusXM™ name is a registered trademark of SiriusXM Satellite Radio Inc. All other trademarks and trade names are those of their respective owners. ††Hyundai's Comprehensive Limited Warranty coverage covers most vehicle components against defects in workmanship under normal use and maintenance conditions.